

THIRTY-FOURTH WEEK OF ORDINARY TIME

22nd November 2026 · Year A · Weekday II · Psalter II

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Cathedral Collection
£4,489.51
Loose Plate = £1,297.51
Dona = £1,411.00
Envelopes = £106.00
Standing Orders = c £1,675.00 *
*remains the same each week

Donate online here

Confessions
Tuesday 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

The Rosary is prayed in the Lady Chapel, Monday to Friday after the 10am Mass.

Divine Office
Morning Prayer of the Church in the Precious Blood Chapel Monday to Friday at 9:40am

Sat 21st	6pm	Mass (Anticipatory)	*Souls of Castelino Family +*
Sun 22nd	**OUR LORD JESUS CHRIST, KING OF THE UNIVERSE**		
	9am	Mass (music group)	*For the People*
	11am	Solemn Mass (choir)	*Trevor Brown +*
	4.30pm	Vespers & Benediction (choir)	
	5.30pm	Mass (cantor)	*John Paul Desira +*
Mon 23rd	*Feria*		
	10am	Mass	*Jack Richardson +*
Tues 24th	**Ss Andrew Dúng-Lac Priest & Companions**		
	10am	Mass	*Luz Helena Bedoya Ospina +*
	5pm	Vespers (choir)	
	5.30pm	Mass (choir)	*Thomas Plane +*
Wed 25th	*Feria*		
	7.30am	Mass	*Maria Alejandra Herrera Leon +*
	nb 12pm	Mass	*Maria Guiwa +*
Thurs 26th	*Feria*		
	10am	Mass	*Imelda Coloe*
Fri 27th	*Feria*		
	7.30am	Mass	*Dermot Murphy +*
	10am	Mass	*Kim Lomonossoff (F) +*
Sat 28th	*Blessed Virgin Mary on a Saturday*		
	10am	Mass	*Doreen Sellar (F) +*
	6pm	Mass (Anticipatory)	*John Paul Desira +*
Sun 29th	**FIRST SUNDAY OF ADVENT – YEAR B**		
	9am	Mass (music group)	*Mascarenhas Family (F)*
	11am	Solemn Mass (choir)	*Dede Jackaj & Family*
	4.30pm	Vespers & Benediction (choir)	
	5.30pm	Mass (cantor)	*For the People*

The Cathedral is open daily this week from 7.30am - 6pm

Prayers for the sick: Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Frank Keating, Joel McDonough, Patricia McKenna, Anne O'Leary, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner & Karen Yallop. *[GDPR compliant]* ***Going into hospital?*** *Please inform the hospital ward itself that the Catholic Chaplain is needed.*

HYMN NUMBERS FOR 9AM MASS

883, 951 (psalm), 749, 926, 757, 320

Holy Communion – following the leaflet that was distributed earlier we will be resuming, from Advent, Holy Communion under both kinds. There are copies of the reflection on this at the back of the Cathedral.

This Sunday is the feast of Christ the King - World Youth Day - Pope Leo invites our young people to "take courage and open wide the doors for Christ". Young people are encouraged to fill in a prayer intention card (available at the back of the cathedral) and place it into the offertory baskets. The cards will be given out to those who would like to support our young people through prayer.

Daily Mass on Wednesday of this week will be at 12pm and celebrated with the Chapter of Canons.

Holy Hour for the Sanctity of Life – Wednesday 25th November with **Exposition of the Blessed Sacrament.** Adoration will take place between **5-6 pm. The Holy Hour** will begin with a Rosary for Life followed by silent prayer. All Welcome.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month. Our next Mass will be on **Monday 7th December** and then **Monday 21st December.**

University Mass – for all university and college students, Sundays and Wednesdays at 6pm on the UEA campus: @uea_cathsoc

T**he AGM of the Friends of the Cathedral** will take place on Sunday 22nd November after the 11am Mass in the hall.

Open Parish Forum - 26th November at 7.30pm in the Narthex Hall - all are welcome to an open meeting to put forward the establishment of a parish council and present the parish accounts from our finance committee. If there are items anyone would like to be presented, please let the parish office know for inclusion on the agenda.

The First Holy Communion and Confirmation programme will be holding their annual cake stall after all weekend Masses 21st & 22nd November for World Youth Sunday. Donations of cakes and biscuits will be gratefully received. The monies raised will fund the youth pilgrimages to Walsingham, Flame 2027 and World Youth Day in Seoul. St John's is sending 9 young people to World Youth Day. Please support them in prayer.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sunday	8am Holy Qurbana
	10am Mass & Confessions
	4pm Holy Qurbana

Carols By Candlelight – Led by St John's Cathedral Choir - join us on Saturday 20th December at 3pm for an afternoon of carols and seasonal readings to get you into the true spirit of Christmas. Followed by mulled wine and mince pies available in the Narthex Hall.

St Nicholas Christmas Fair – Saturday 5th December. Discover a wonderful selection of handcrafted gifts from local Norfolk makers, enjoy festive treats and refreshments in the Garden Café, and bring the little ones along for a visit from St Nick and some Christmas crafts. A lovely way to get into the festive spirit and celebrate the feast of St Nicholas.

Christmas Wreaths - for door-hanging or gravesides. The Flower Group are taking **advance orders, to be collected at the St Nicholas** Fair on 5th December. £20 for fresh greenery rings and £25 for rings with extra ribbons, baubles and other adornments. All proceeds will help fund weekly Cathedral flower arrangements. Please contact Norma on 07747095844 or speak to any of the flower team to discuss your requirements and place an order. last orders 30th November.

POSADA – The tradition of passing the statue of Joseph, Mary and the donkey from house to house is back for Advent this year. Families are invited to sign up to welcome the Posada into their homes, starting on 29th November for an evening of prayer and fellowship. Please sing up on the rota at the back of the Cathedral or email Jo Graham stjohnfhc@gmail.com to book your date.

CAFOD Art Competition - for all ages with prizes, starts on 9th of November and will run until the 29th of November, the winners will be announced on the 30th.

Christmas Jumper Day 2026 – We're delighted to be taking part in Save the Children's Christmas Jumper Day on Thursday 10th December! Join our Cathedral staff by wearing your festive knits and pop along to our cake stall from 10:30am. Help support a wonderful cause while spreading a little Christmas cheer!

Thank you very much for the generous support, thoughtful gifts and donations for the Operation Christmas Child (OCC) Shoe Box Appeal. 75 shoe boxes were dropped off at the collection centre this week.