



TWENTY-FIRST WEEK OF ORDINARY TIME

23rd August 2026 · Year A · Weekday II · Psalter I

Cathedral House · Unthank Road · Norwich · NR2 2PA

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Cathedral Collection

£5,067.39

Loose Plate = £1,562.39

Dona = £1,611.00

Envelopes = £157.00

Standing Orders = c £1,675.00 *

*remains the same each week

Window Appeal = £62.00

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Confessions

Tuesday 6pm

Saturday: 10.30am

Saturday: 5.15pm

Sunday: 4.45pm

The Rosary is prayed in the Lady Chapel, Monday to Friday after the 10am Mass.

Divine Office

Morning Prayer of the Church in the Precious Blood Chapel Monday to Friday at 9:40am

Sat 22nd 6pm Mass (Anticipatory) *For the People*

Sun 23rd **TWENTY-FIRST SUNDAY OF ORDINARY TIME**

9am Mass (African Choir) *Lino Guiwa +*

11am Solemn Mass (cantor) *Marina Guiwa +*

4.30pm Evening Prayer & Benediction (said)

5.30pm Mass (said) *Gene Self +*

Mon 24th **St Bartholomew**

10am Mass *Mr & Mrs Mathew*

Tues 25th *Feria*

10am Mass *Kenneth Thomas +*

5pm Vespers (said)

5.30pm Mass (said) *Thomas Plane +*

Wed 26th *Feria*

7.30am Mass *Neville Herathage +*

10am Mass *Ella Winterlich +*

Thurs 27th **St Monica**

10am Mass *Rosaria Ferraro +*

Fri 28th **St Augustine**

7.30am Mass *Ann Mackell +*

10am Mass *Erlindo Villamor +*

Sat 29th **The Passion of St John the Baptist**

10am Mass *Maria Lilian Villamor +*

6pm Mass (Anticipatory) *Ernestas Grigorenka +*

Sun 30th **TWENTY-SECOND SUNDAY OF ORDINARY TIME**

9am Mass *Thanksgiving Ric Caasi & family*

11am Solemn Mass (cantor) *Douglas Lewins*

4.30pm Evening Prayer & Benediction (said)

5.30pm Mass (said) *For the People*

The Cathedral is open daily this week from 7.30am - 6pm

Prayers for the sick: Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Frank Keating, Joel McDonough, Patricia McKenna, Anne O'Leary, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner & Karen Yallop. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

Cathedral Choir are on holiday until Tuesday 8th September. **The Music Group** are on holiday until 6th September. The 5.30pm Mass will be said from 26th July until 30th August.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month Our next Mass will be on **Monday 7th September** and then **Monday 21st September**.

Fr Martin is turning 60! We are having a party on Sunday 23rd August at 12.30 in the Narthex. Everyone is invited! There is a sign-up sheet at the back of the church if you can help with setting up tables and chairs or bringing a dish to share for the lunch.

First Holy Communion (FHC) and Confirmation Programmes 2026-27 are now open for registration. Registration forms are available on the Cathedral website. **Registration closes on 31 August**.

The Duckett Library is closed for the summer holidays and will reopen on Sunday 13 September after the 9am Mass.

St Joseph's Chapel Please take look at the newly restored windows – thank you to all those who have generously contributed to their restoration.

Your MP could be one of the 12 - only 12 MPs need to switch for the assisted suicide Bill to be defeated on 11 September. A face-to-face meeting can make a real difference to how your MP votes. Right To Life UK's simple tool lets you request a meeting in just 30 seconds and gives you everything you need to prepare, including a short video guide. **Please ask your MP today for a meeting and urge them to vote NO to assisted suicide:** <https://righttolife.org.uk/meetyourmp>

The Secular Franciscans invite you to a celebration of the 800th anniversary of the death St Francis on 3rd October 2026 at St. John's Cathedral at 2.30pm. This will be followed by light refreshments in the hall. The afternoon will close with a Franciscan liturgical celebration of the Transitus, the passing from life to death of St Francis.

Stewards – are needed to cover Masses at the cathedral, particularly in holiday season. If you are interested, please contact Teresa 07919 455836 or tjmcinally@outlook.com. Thank you.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

<i>Saturday</i>	5pm Holy Qurbana (Anticipatory)
<i>Sunday</i>	8am Holy Qurbana
	10am Mass & Confessions
	4pm Holy Qurbana

Norfolk Churches Trust Sponsored Bike, Walk, Drive
Saturday 12th September 9am-5pm, take part in whatever way you can and raise money for historic churches and chapels around Norfolk. How many can you get to on foot, by bicycle, or drive to on the day? Visit www.norfolkchurchestrust.org.uk/donate for details and sponsor forms. Can you help man the **Bike, Walk, Drive welcome desk** for an hour or two on 12th September? We need volunteers to help welcome those taking part, sign their sheets and provide water for thirsty walkers and cyclists. Please let Charley gm@sjbcathedral.org.uk 01603 724380 know if you can help.

Understanding Catholicism - would you like to learn more about what Catholics believe and why? Are you looking to join (or return to) the Church? We invite you to **Understanding Catholicism**, a weekly course where we unpack Catholic belief and practice, in a relaxed environment. This year's course starts on **Friday 18th September** at 7pm. To find out more or register to join the course, please email: admin.understandingcatholicism@gmail.com

Were you received into the Catholic Church at the Easter Vigil 2026, or at any time during the past few years? Join us for 'Living the Catholic Life', a new follow-up course to 'Understanding Catholicism', offering a series of one-hour sessions, once a month, combining talks, encouragement, prayer, discussion and fellowship to help you grow in confidence, joy and perseverance as a Catholic disciple of Jesus Christ. The course will take place on Tuesdays beginning on October 6th from 7pm-8pm at the Cathedral. If you are interested in joining the course or would like to find out more, please email Phillip Bissell at: livingthecatholiclife.norwich@gmail.com

Macmillan Cancer Support Coffee Morning – our annual Macmillan Coffee morning will take place on **Friday 18th September** in the Narthex after the 10am Mass. Please come and support this very worthy cause. There will be a raffle and cake stall.