



SIXTEENTH WEEK OF ORDINARY TIME

19th July 2026 · Year A · Weekday II · Psalter IV

Cathedral House · Unthank Road · Norwich · NR2 2PA

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Cathedral Collection

£5,349.44

Loose Plate = £1,502.44

Dona = £1,048.45

Envelopes = £74.00

Standing Orders = c £1,675.00 *

*remains the same each week

Window Appeal = £100.10

Stella Maris = £949.45

[Donate online](#)
[here](#)



Confessions

Tuesday 6pm

Saturday: 10.30am

Saturday: 5.15pm

Sunday: 4.45pm

The Rosary is prayed in the
Lady Chapel, Monday to Friday
after the 10am Mass.

Divine Office

Morning Prayer of the Church
in the Precious Blood Chapel
Monday to Friday at 9:40am

Sat 18th	6pm	Mass (Anticipatory)	<i>Poulose Alukka +</i>
Sun 19th	SIXTEENTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Carmel Cahill</i>
	11am	Solemn Mass (cantor)	<i>Michael Krockel +</i>
	4.30pm	Evening Prayer & Benediction (cantor)	
	5.30pm	Mass (cantor)	<i>For the People</i>
Mon 20th	<i>Feria</i>		
	10am	Mass	<i>Marty (Martin) Maguire +</i>
Tues 21st	<i>Feria</i>		
	10am	Mass	<i>Fr Martin</i>
	5pm	Vespers (said)	
	5.30pm	Mass (said)	<i>Thomas Plane +</i>
Wed 22nd	ST MARY MAGDALENE		
	7.30am	Mass	<i>Peace, healing & conversion (all nations)</i>
	10am	Mass	<i>Fr Martin's intentions</i>
Thurs 23rd	ST BRIDGET, PATRON OF EUROPE		
	10am	Mass	<i>Noah Burdett +</i>
Fri 24th	<i>Feria</i>		
	7.30am	Mass	<i>Holy Souls</i>
	10am	Mass	<i>Victor John Hyland +</i>
Sat 25th	ST JAMES		
	10am	Mass	<i>Redgrave Family Intention</i>
	6pm	Mass (Anticipatory)	<i>For the People</i>
Sun 26th	SEVENTEENTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Bernard & Veronica Perowne (F) +</i>
	11am	Solemn Mass (cantor)	<i>William & Louisa Thorn +</i>
	4.30pm	Evening Prayer & Benediction (cantor)	
	5.30pm	Mass (said)	<i>Anthony Patrick Smith +</i>

The Cathedral is open daily this week from 7.30am - 6pm

Prayers for the sick: Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Frank Keating, Joel McDonough, Patricia McKenna, Anne O'Leary, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner & Karen Yallop. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

The Cathedral Choir are on holiday until Tuesday 8th September. **The Music Group** are on holiday until 6th September. The 5.30pm Mass will be said from 26th July until 30th August.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 20th July** and then on **Monday 3rd August**.

The Duckett Library is closed for the summer holidays and will reopen on Sunday 13 September after the 9am Mass. Please return/renew any books you have borrowed recently - i.e. more than two weeks ago. During closure, please continue to return books via the box outside the library, and email with any queries - emails are monitored regularly and books can be borrowed and collected from the Cathedral shop.

March for Life UK on Saturday 5th September - join Bishop Peter and 13 other Catholic bishops who are attending the annual march in London. Age- appropriate sessions for children, teens and youth of all ages throughout the morning. **Book your place on the Norwich coach leaving from Catholic Cathedral of St John Baptist at 6.30am.** Adults £25 return, £10 for under 18s, Under 5s Free, (but all seats need booking). To book a place on the coach visit: <https://www.eventbrite.com/e/norwich-ipswich-coach-trip-to-march-for-life-uk-2026-tickets-1991053694197?aff=oddttdtcreator> OR scan the QR code. For more info re coach; contact Helen on 07905 713407. Find out more about the day at marchforlife.co.uk.



The Justice & Peace Group are recruiting a Parish Representative for CAFOD (two people even better) to act as contact for their campaigning and fundraising. Training will be provided by CAFOD and you will of course be supported by the J&P Group members. Call Mark Webb 07802 588845.

The Diocese runs a free Ministry of supportive listening and prayer. Visit our website for more information and to book an appointment: <https://www.rcdea.org.uk/listening-and-prayer/>

50-churches sponsored walk 19th July - join the Youth Group walking from St George's to St John's Cathedral visiting 50 churches along the way to commemorate the 50th Jubilee. Please sponsor via the Dona machines or online. Follow their journey via @stjohnthebaptistyouthgroup on Instagram.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Saturday	5pm Holy Qurbana (Anticipatory)
Sunday	8am Holy Qurbana
	10am Mass & Confessions
	4pm Holy Qurbana

First Holy Communion (FHC) and Confirmation Programmes 2026-27 are now open for registration.

Registration forms are available on the Cathedral website. Registration closes on 31 August.

FHC and Confirmation Booking form 2026-27- please [click here](#).

Bible Listening Group 2026-27 – next meeting will be on Sunday 19th July, from 12.45 until 2.15pm in Cathedral House. All adults, Catholic & non-Catholic, are welcome. For enquiries or to express interest, please contact Mark at mcartwright02@hotmail.co.uk.

Thank you to everyone who has heeded the concerns about parking recently and ensured that they are not obstructing other vehicles or access in and around the Cathedral grounds. Also, a special thank you to Bernard, who has volunteered and works tirelessly to ensure that access is maintained on a Sunday. If anyone else could assist, that would be most welcome, please contact Charley. Please can we ask you to be considerate of our neighbours on a Sunday too, as we have heard that there are parking issues along roads in the vicinity. As a reminder, there is free parking in Zone M on Sundays, just north of the Cathedral. Enter via Dereham Road and walk through Paragon Place. There's also reasonably priced council run parking at Barn Road Car Park (147 spaces) and just a 5-minute walk, or Westwick Street (77 spaces) a 7-minute walk away. The JustPark app also helps you locate suitable parking, which may be someone's private drive.

Temporary Road Closure – between Monday 20th July and Friday 31st July – Earlham Road to the west of its junction with Mill Hill Road, will be closed in both directions for two weeks for drainage works, for a distance of 20m. Signed diversion routes will be in place.

Stained-glass windows - we are looking forward to the reinstallation of our beautiful stained-glass windows that have now been carefully restored. This will take place on **22nd -24th July**.