



THIRD SUNDAY OF LENT

8th March 2026 · Year A · Weekday II · Psalter III

www.sjbcathedral.org.uk

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Cathedral Collection

£5,416.68

Loose Plate = £1,576.68

Dona = £1,764.00

Envelopes = £186.00

Standing Orders = c £1,675.00 *

*Averaged out and remains the same each week

Second collection CAFOD = £688.03

Window Appeal = £100.00 + £115.00

[Donate online here](#)



Confessions

Tuesday 6pm

Saturday: 10.30am

Saturday: 5.15pm

Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel. Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.

Monday to Friday at 9:40am

TIMES OF CEREMONIES

Sun 8th

THIRD SUNDAY OF LENT

9am Mass (music group) *Thomas Plane +*

11am Solemn Mass (choir) *Kieran McNamara +*

4.30pm Vespers & Benediction (choir)

5.30pm Mass (cantor) *Pro Populo*

Mon 9th

Lent Feria

10am Mass *Paula Moreno*

Tues 10th

Lent Feria

10am Requiem Mass *Pam Humphries +*

5pm Vespers (choir)

5.30pm Mass & Adoration (choir) *Rosaleen McEleney +*

Wed 11th

Lent Feria

7.30am Mass *Tyler Perry*

10am Mass *Thomas Plane +*

Thurs 12th

Lent Feria

10am Mass *Fr Alan Hodgson*

Fri 13th

Lent Feria

7.30am Mass *Esmerelda Keller (F) +*

10am Mass *Holy Souls*

Sat 14th

Lent Feria

10am Mass & Adoration *Thomas Plane +*

6pm Mass (Anticipatory) *Keith Borrett +*

Sun 15th

FOURTH SUNDAY OF LENT

9am Mass (music group) *Ella & Joe Winterlich*

11am Solemn Mass (choir) *Pro Populo*

4.30pm Vespers & Benediction

5.30pm Mass *Maria & Louie +*

The Cathedral Church is open daily this week from 7.30am - 6pm

Prayers for the sick: Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Joel McDonough, Anne O'Leary, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner & Karen Yallop. [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.

HYMN NUMBERS FOR 9AM MASS

199, 203, 214, 929, 795

Stations of the Cross – will take place every Friday during Lent at 12pm and 5.30pm at the Cathedral and at 6:45pm at Holy Apostles.

The Teresian Prayer Group meets again on Tuesday 10 March at 4.30pm in the Narthex Bar to reflect on the writings of St Therese of Lisieux. All are welcome.

Lent Lectures 2026 – the last talk will be on 13th March 7-8pm. This will be a reflection on the four great documents of the Second Vatican Council. All are warmly welcome.

Lenten Station Mass - will take place on Tuesday 17th March at **7pm** with Adoration and Confessions at **6pm**. There will therefore be no Vespers or 5.30pm Mass on that day. Light refreshments will be served in the hall afterwards. All are welcome.

Lenten Lunches – please join us for a hearty soup and roll lunch every Sunday in Lent at 12 noon from the 1st – 29th March – featuring soups from around the world and in support of the Tambogrande project.

The Mother's Day cake stall - will be held on 14th & 15th March after all the weekend Masses. Please keep our young people on your prayers and support our fundraising efforts by purchasing cakes and other treats. Donations of cakes and biscuits also gratefully received. The monies raised will help cover the cost of the Ignite Festival for 86 young people and the Children's Pilgrimage to Walsingham in May 2026.

Thank you to everyone who supported the Lent Vigil on Friday 6th March. It was a truly blessed night for over 100 teenagers and parishioners who attended the overnight Adoration. Let us continue to pray for our Confirmandi preparing for Confirmation at Pentecost and RCIA candidates who will be baptised or received into the church at the Easter Vigil.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Saturday	5pm	Holy Qurbana (Anticipatory)
Sunday	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana

To commemorate the diocese 50-year Jubilee we are putting together a series of displays on our parish life, hoping to capture how we have changed over the last 50 years. So please help us by contributing your thoughts, memories and pictures of baptism, first holy communions, weddings and other events in the parish over the last 50 years. Please fill in the survey by scanning the QR code attached and send any scanned pictures to marketing@sjbcathedral.org.uk. More information will follow soon on the Cathedral website on events to commemorate the Jubilee. Thank you.



A note from the garden team - The spring display now emerging in the Cathedral gardens is the result of many months of careful planning, planting and tending by a dedicated team of staff and volunteers. From autumn bulb planting to winter maintenance, a great deal of time and care goes into creating the seasonal colour we can all now enjoy. We warmly welcome children enjoying the open lawns and making happy memories here; however, we kindly ask parents and carers to help us protect the flower beds and newly planted areas by reminding their children to keep off the flower beds. Once flowers are stepped on or damaged, they cannot be restored this season. With a little awareness and consideration, we can preserve the gardens for everyone to appreciate. Thank you for helping us care for this shared and special space

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 16th March** and then on **Monday 6th April**.