



THIRD SUNDAY OF ORDINARY TIME

25th January 2026 · Year A · Weekday II · Psalter III

Cathedral House, Unthank Road, Norwich, NR2 2PA

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Cathedral Office: 01603 624615

Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 25th Jan	THIRD SUNDAY OF ORDINARY TIME		
9am	Mass (music group)		<i>Isidore White</i>
11am	Solemn Mass (choir)		<i>Finnan White</i>
4.30pm	Vespers & Benediction (choir)		
5.30pm	Mass (cantor)	<i>Mr & Mrs E, Billy Gooch & family</i>	
Monday 26th	<i>Ss Timothy & Titus</i>		
10am	Mass		<i>Peter Staples +</i>
Tuesday 27th	<i>Feria</i>		
10am	Mass		<i>Dr Catherine Dominic (healing)</i>
5pm	Vespers (choir)		
5.30pm	Mass (choir)		<i>Karis Munns +</i>
Wednesday 28th	<i>S Thomas Aquinas</i>		
7.30am	Mass		<i>Maurice Frost (F) +</i>
10am	Pontifical Mass		<i>Sybil Cushing (F) +</i>
Thursday 29th	<i>Feria</i>		
10am	Mass		<i>Raymond James Quigley +</i>
Friday 30th	<i>Feria</i>		
7.30am	Mass		<i>Henry, Duke of Norfolk (F) +</i>
10am	Mass		<i>Ada Rodgers +</i>
Saturday 31st	<i>S John Bosco</i>		
10am	Mass		<i>Paula Moreno (health)</i>
5pm	Vespers		
6pm	Mass [Anticipatory] (sung)		<i>Kunjamma Mathew</i>
Sunday 1st Feb	FOURTH SUNDAY OF ORDINARY TIME		
9am	Mass (music group)	<i>Thanksgiving, Filipino nurses</i>	
11am	Solemn Mass (choir)		<i>Anna Maria Crosskill +</i>
3pm	Mass [1962 Rite Latin]		<i>All Souls</i>
4.30pm	Vespers & Benediction (choir)		
5.30pm	Mass (cantor)		<i>Pro Populo</i>

Very Revd Alan Hodgson KHS
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Cathedral Collection

£5,918.28

Loose Plate = £2,010.86

Dona = £1,121.00

Envelopes = £136.00

Standing Orders = c £1,675.00 *

*Averaged out and remains the same each week

Crib Appeal = £644.42

Window Appeal = £331.00



Scan to donate

Thank you for your regular support and ongoing generosity.

Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the
Lady Chapel.
Monday to Friday after the
10am Mass.

Divine Office

Lauds is prayed in the
Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT
parish@sjbcathedral.org.uk

<i>Saturday</i>	5pm	Holy Qurbana
<i>Sunday</i>	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana

The Cathedral Church is open daily from 7.30am until 6pm

A message from Fr Alan...

Treasury Cabinets: In the back of the cathedral, we have two large display cabinets - it is here that we display items that are seen as valuable to the cathedral and the diocese. Whilst there is nothing of great monetary value on display, they are valuable in terms of the history of our diocese and plotting our growth from the time of the Reformation all the way through to the foundation of the diocese in 1976. My favourite items on display are the recusant chalices (if only they could speak!). Note how they come apart in two pieces so that they could be easily hidden on the person. It is important that we, as Catholics, understand our heritage and the struggles that we have had in order to be able to celebrate Mass and to be able to gather peacefully without fear for our lives. Our history will be analysed in great depth this year as we celebrate the golden jubilee of our diocese. I have planned, along with Dr Richard Maguire, the Lenten Talks for this year, focussing on the early Church in England, through the Reformation and the modern Church up to 1960. Details will follow when we release our Lenten booklets early in February.

The cabinets have been rearranged over the last week into a more logical display and concentrating on various themes [The Mass, Adoration, house calls, diocese...etc]. We cannot fit everything into the cabinets as space is at a premium, however, they look far more organised and less cluttered now. My sincere thanks to Dr Richard Maguire and Mr Peter Thorn for their attention to detail and the time they spent painstakingly rearranging the cabinets. New cards, explaining the history and use of the items, are being compiled.

Windows: The talented artisan who is going to repair, clean and refit the two remaining windows in the sunken chapel visited us this week to scope the works and to decide on a date for the windows to be carefully removed and taken to his workshop. I, for one, will sleep a little easier once the windows have been removed and I know that they are in a safe place and under repair. We have been invited, as a parish, to visit his workshop once work gets underway, so that we can see just how much skill and care is needed to refurbish the windows. Once they are safely in his workshop and he has begun some of the work, the plan is to hire a coach and to take interested parties over to the workshop and maybe stop for a spot of lunch as well. I would imagine that the groups will have to be fairly small, so there might be a few dates available over the months ahead - details to follow. He has also offered to bring his work to the cathedral (once he has a completed pane) and host a talk at the cathedral for those who are unable to travel. Richard, Charley and Sarah are working out the details, and these will be advertised once they have been finalised - in the meantime, we are concentrating on securing the windows.

Thank you to everyone for their generosity towards the repair of these precious windows. I will announce the final amount raised in early February.

Icon of Our lady of Perpetual Help: I have grown accustomed to the new home of the icon now and I enjoy seeing her in the niche as I sit on my chair during Mass. Again, we have had a few donations towards some decent lighting to illuminate the icon in a sympathetic and professional way. This, as you can imagine, is taking some thought so that it is correct for the icon, our cathedral and it is not too obtrusive. Our General Manager, Charley Purves, is working with the electricians and lighting experts to ensure that this happens in due course and that the icon will be displayed in the best way possible. The history of this icon is very significant and a great asset to the cathedral.

READINGS AT MASS

First reading

Sunday 25th January 2026

Isaiah 9:1b-4

In Galilee of the nations the people have seen a great light.

In the former time the Lord brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he has made glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who dwelt in a land of deep darkness, on them has light shone. You have multiplied the nation; you have increased its joy; they rejoice before you as with joy at the harvest, as they are glad when they divide the spoil. For the yoke of his burden, and the staff for his shoulder, the rod of his oppressor, you have broken as on the day of Midian.

Responsorial Psalm

Ps 27(26):1. 4. 13-14. R1a

The LORD is my light and my salvation.

Second reading

1 Corinthians 1:10-13, 17

'I appeal to you that all of you agree, and that there be no divisions among you.'

I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you agree, and that there be no divisions among you, but that you be united in the same mind and the same judgement. For it has been reported to me by Chloe's people that there is quarrelling among you, my brothers and sisters. What I mean is that each one of you says, 'I follow Paul', or 'I follow Apollos', or 'I follow Cephas', or 'I follow Christ.' Is Christ divided? Was Paul crucified for you? Or were you baptised in the name of Paul? For Christ did not send me to baptise but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power.

Gospel Acclamation

Cf. Matthew 4:23

Alleluia, alleluia.

Jesus proclaimed the gospel of the kingdom and healed every affliction among the people.

Alleluia.

'Jesus went to Capernaum so that what was spoken by the prophet Isaiah might be fulfilled.'

When Jesus heard that John had been arrested, he withdrew into Galilee. And leaving Nazareth he went and lived in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: 'The land of Zebulun and the land of Naphtali, the way of the sea, beyond the Jordan, Galilee of the Gentiles — the people dwelling in darkness have seen a great light, and for those dwelling in the region and shadow of death, on them a light has dawned.' From that time Jesus began to preach, saying, 'Repent, for the kingdom of heaven is at hand.'

While walking by the Sea of Galilee, he saw two brothers, Simon (who is called Peter) and Andrew his brother, casting a net into the sea, for they were fishermen. And he said to them, 'Follow me, and I will make you fishers of men.' Immediately they left their nets and followed him. And going on from there he saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and he called them. Immediately they left the boat and their father and followed him.

And he went throughout all Galilee, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction among the people.

HYMN NUMBERS FOR 9AM MASS:

852, 747, 877, 636, 856

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Pam Humphries, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner and Karen Yallop [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.

NEWS AND EVENTS

World Leprosy Day – Sunday 25th January marks World Leprosy Day, which aims to raise awareness of a disease that many people think no longer exists. St Francis Leprosy Guild (SFLG), which is the UK's only Catholic leprosy charity, has been caring for people with leprosy for 130 years. Through shared values and faith, they encourage our community to support their vital work. Please keep people with leprosy in your prayers.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 2nd February** and then on **Monday 16th February**.

There will be a **Bon Voyage Party for Fr Alan** on 15th February 2026 at 12.30pm in the Narthex. Please sign up on the list at the back of the Cathedral for numbers and note down if you can bring a dish to share or help with setting up and clearing up. All Welcome.

Many of you have requested envelopes to become available for a leaving gift for Fr Alan and to thank him for all he has done at the cathedral since his tenure. These are now available at the back of the church to be handed in either with the main collection or to one of the sacristans or through the cathedral house post box.

Duckett Library - if anybody is going to Peterborough by car in the near future and would be able to collect a donation of books, please get in touch (duckettlibrary@sjbcathedral.org.uk). Please also note the library will need to close on Tuesday 3rd February while the scaffolding goes up in the Sunken Chapel for the stained-glass window restoration.

Are you or someone you know hurting from past abortion(s)? Rachel's Vineyard is a healing ministry for those who are suffering from the trauma of abortion. The healing weekends offer a supportive, confidential and non-judgemental environment where women and men can deal with painful post-abortive emotions and receive healing. **The next Rachel's Vineyard retreat weekend in our diocese will take place on March 6th–8th 2026. With booking now open and a limited number of places, it is advisable to book early.** For more information about this retreat or to arrange a time to chat please contact Helen on 0772 118 2521; or email suffolk@rachelsvineyard.org.uk For Further information about Rachel's Vineyard or to find out about other retreat dates and locations please visit: <https://www.rachelsvineyard.org.uk>



Of your charity, please pray for the repose of the souls of Joyce Christie, John Fisher and Daphne Goodwin who have recently died and for their families.

NEWS AND EVENTS

The Youth Group are holding a **fundraising cake stall** on Sunday 25th January in the Narthex Hall in support of Wiktoria, one of our young leaders who is participating in the Handicapped Children's Pilgrimage Trust (HCPT) pilgrimage to Lourdes this year, supporting children with disabilities during the pilgrimage. Please support her through this cake stall. Donations of cakes and tray bakes will also be gratefully received.

The next **Diocesan Catechist Formation Day** will be 21st February 2026 at OLISE Newmarket 9am to 5pm. All those involved in faith formation are very welcome. For more information, please refer to the posters and email Jo Graham to book a place - stjohnfhc@gmail.com.

Pilgrimage Opportunities for Young People - Summer 2026 Lourdes and Summer 2027 World Youth Day in Seoul. Find out more at our Launch on 22nd February 2026 at Newmarket Parish Centre, 14 Exeter Road, Newmarket CB8 8LT. The afternoon starts at 1pm (please bring a packed lunch) and will end by 3:00pm. For info please visit: www.rcdea.org.uk/youth.

Ignatian Spiritual Exercises: Men's retreat, 4th & 11th February 2026 – a fantastic opportunity to experience St Ignatius' Spiritual Exercises in a 5-day, shortened form. The retreat will be guided by the monastic community of St Joseph's Abbey, Flavigny (France) who were founded with the specific charism of offering this version of the Exercises and with a particular apostolate to men. The retreat is open to men in all states of life, who wish to seek God's will through a deepened detachment from the world.

Trees - following a recent survey of the trees around the Cathedral campus, it was discovered that two of our beloved apple trees were diseased and in need of removal on health and safety grounds. Thanks to Rachel, our Cathedral Gardener, for her swift response; she has removed the trees and also planted new fruit trees in their stead.

Stained glass windows - on 3rd February we are having scaffolding installed to enable the removal of two stained glass windows in St Joseph's Chapel. The windows will be taken out for restoration and cleaning as mentioned by Fr Alan. Please note that the Duckett Library will be closed on 3rd February whilst the scaffolding is installed.

Donations - we are regularly left bags full of clothes, shoes and other items with notes asking us to give to those in need. Whilst we appreciate your generosity, we are unable to distribute these items. Please ensure that items are not left in the Cathedral and are taken to a charity shop.

Retrouvaille helps marriages. It can bring hope and healing to relationships. The next date is Thursday 12th February 2026. www.retrouvaille.org.uk Tel: 07887 296983.

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.