

TWENTY-NINTH SUNDAY OF ORDINARY TIME

19th October 2025 · Year C · Weekday I · Psalter I

www.sjbcathedral.org.uk parish@sjbcathedral.org.uk Cathedral House, Unthank Road, Norwich, NR2 2PA Cathedral Office: 01603 624615 Cathy Casey [weekdays 9am-1pm]

	TIM	ES OF CEREMONIE	S
Sunday 19th Oct	TWENTY-NINTH SUNDAY OF ORDINARY TIME		
	9am	Mass	Prima Nevard +
	11am	Solemn Mass (choir)	Aleta Castellino, thanksgiving
	4.30pm	Solemn Vespers (choir	·)
	5.30pm	Mass (cantor)	Pro Populo
Monday 20 th	Feria		
	10am	Mass	Charlie Kirk +
Tuesday 21st	Feria		
	10am	Mass	Kobe & Gianna Bryant +
	No evening Vespers, Mass or Confessions		
Wednesday 22nd	S John Pai	ıl II	
	No early morning Mass		
	10am	Mass	David & Felinda, thanksgiving
Thursday 23 rd	Feria		
	10am	Mass Da	r Richard Maguire, thanksgiving
Friday 24th	S Anthony Mary Claret		
		No early morning Ma	ss
	10am	Mass	Jane Waters, recovery
Saturday 25 th	Blessed Virgin Mary on a Saturday		
	10am	Mass	Patrick Corish +
	6pm	Mass [Anticipatory]	Pro Populo
Sunday 26 th	THIRTIETH SUNDAY OF ORDINARY TIME		
	9am	Mass	Ciaran Paul Winterlich +
	11am	Solemn Mass (cantor)	Anthony Bianco +
	4.30pm	Vespers (cantor)	
	5.30pm	Mass (cantor)	Veronica Kelly +

Very Revd Alan Hodgson KHS

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Cathedral Collection £5,171.98

Loose Plate = £1,536.98 Dona = £1,568.00 Envelopes = £120.00 Standing Orders = c £1,500.00 * Window Appeal = £447.00

*Averaged out and remains the same each week



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Thank you for your regular support and ongoing generosity.

Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm Saturday: 10.30am Saturday: 5.15pm Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel. Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel. Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT parish@sjbcathedral.org.uk

Saturday 5pm Holy Qurbana
Sunday 8am Holy Qurbana
10am Mass & Confessions
4pm Holy Qurbana

The Cathedral Church is open daily from 9am until 5pm

A message from Fr Alan...

The statue in our garden: I know that many people have raised concerns about the statue of Our Lady that stands under the trellis arch in the garden, and I see that many people do visit the statue during the day. The statue, as many of you pointed out, was starting to look damaged and worn in places where the weather had damaged the surface. I wanted to make sure that the statue of Our Lady of Mount Carmel (in the Precious Blood chapel) had been completely restored before prevailing on the kindness of our restorer again to look at the garden statue.

You may have noticed that the statue has now been removed for assessment and initial weatherproofing and then final repairs and restoration. In the interim, I have had a very generous offer of a different statue of Our Lady holding the Infant Jesus to stand in the place of the original statue so that there will be a prayer and focal point in our beautiful gardens. Another great example of stewardship and the generosity that keeps this cathedral community moving forward in a positive light. Thank you to everyone for their suggestions and kindness.

Understanding Catholicism: Our Friday evening course on Catholicism has started with great gusto and with many new people who have been called by God to join this community at this time in their lives. We are truly blessed with God's harvest, and I wish our new members every joy and happiness in their search. I cannot imagine just how much thought and courage went into the decision to come to the cathedral and put themselves forward for adult instruction.

I ask our existing community to please support this group in two ways:

- Please pray for this group on a daily basis, that they will continue to find delight in the Lord and that they will be open to the workings of the Holy Spirit in their lives
- If you do stay for tea or coffee after Mass and you see somebody that you think is new (or who is looking slightly lost) please engage them in conversation and welcome them into the Church. This group and their families will be part of the future of this community.

Each one of the catechumens and candidates in this group will need Godparents and Sponsors at next year's Easter Vigil and, unless they befriend people in our church, they will struggle to find people who will support them at the vigil. I ask you to be generous should you be asked (and given the honour) to accompany our new members at the vigil.

I extend a very warm welcome to each of them as they attend Mass this weekend.

READINGS AT MASS

First reading

Sunday 19th October 2025 Exodus 17:8-13

'Whenever Moses held up his hand, Israel prevailed.'

In those days: Amalek came and fought with Israel at Rephidim. So, Moses said to Joshua, 'Choose for us men, and go out and fight with Amalek. Tomorrow I will stand on the top of the hill with the staff of God in my hand.' So, Joshua did as Moses told him, and fought with Amalek, while Moses, Aaron, and Hur went up to the top of the hill. Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed. But Moses' hands grew weary, so they took a stone and put it under him, and he sat on it, while Aaron and Hur held up his hands, one on one side, and the other on the other side. So, his hands were steady until the going down of the sun. And Joshua overwhelmed Amalek and his people with the sword.

Responsorial Psalm

Ps 121(120):1-2. 3-4. 5-6. 7-8. R cf. 2

Our help is in the name of the LORD, who made heaven and earth.

Second reading

2 Timothy 3:14-4:2

'That the man of God may be complete, equipped for every good work.'

Beloved: Continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.

I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom: preach the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching.

Gospel Acclamation

Hebrews 4:12

Alleluia, alleluia.

The word of God is living and active, discerning the thoughts and intentions of the heart. Alleluia.

'God will give justice to his elect, who cry to him.'

At that time: Jesus told his disciples a parable to the effect that they ought always to pray and not lose heart. He said, 'In a certain city there was a judge who neither feared God nor respected man. And there was a widow in that city who kept coming to him and saying, "Give me justice against my adversary." For a while he refused, but afterwards he said to himself, "Though I neither fear God nor respect man, yet because this widow keeps bothering me, I will give her justice, so that she will not beat me down by her continual coming."

And the Lord said, 'Hear what the unrighteous judge says. And will not God give justice to his elect, who cry to him day and night? Will he delay long over them? I tell you; he will give justice to them speedily. Nevertheless, when the Son of Man comes, will he find faith on earth?

HYMN NUMBERS FOR 9AM MASS:

880, 610, 941, 813, 954

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner, Shane Wissner and Karen Yallop [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.

NEWS AND EVENTS

This Sunday is World Mission Day – there will be a second collection for Missio (The Association for the Propagation of the Faith) taken at all Masses this weekend.

Modern Slavery - This week we pray for the victims & survivors of Modern Slavery and Human Trafficking. Saturday 18th of October marks the UK's Modern Slavery Day. The number of enslaved souls currently estimated to be living throughout our Diocese is about 5000. In 2022, the number of souls found in modern slavery in our diocese was 746, around 30% of them were children and the largest nationality was British. The Diocese is looking for volunteers to join our Freedom Watchers. All this means is learning to spot the signs of slavery and then safely report them to the Modern Slavery Helpline 08000 121 700. The only qualification is your compassion and humanity. Please see Freedom Watchers at https://www.rcdea.org.uk/caritas-east-anglia/modern-slavery/ or contact Diocesan MS co-lead john_simong@hotmail.com.

Prayer and Adoration for Life – Holy Hour – November 5th - as the House of Lords are currently scrutinizing the Assisted suicide bill and the second reading of the Antoniazzi abortion up to birth amendment is happening soon, we continue our prayers for the protection of life at both the end of life and from its conception. There will be a Holy Hour for Life on Wednesday 5th November taking place 5-6pm. All are welcome.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 20th October** and then on **Monday 3rd November**.

Deanery Requiem Mass - The annual **Requiem Mass** for the deceased clergy of the Norwich deanery will be celebrated on **Wednesday 5th November at the Cathedral, at 11am**. Parishioners from across the Deanery are invited to attend this Mass, as we pray for the many priests and deacons who have served our parishes in the past.

Rachel's Vineyard Talk – Saturday 15th November - Rachel MacKenzie from Rachel's Vineyard UK will be giving a talk (for over 18s) at 7.15pm (after the 6pm Mass) in the Narthex Hall about the work of Rachel's Vineyard. There are now over 200,000 abortions carried out in England and Wales each year which over the course of one's life means that the impact and effect of abortion will touch nearly every family and certainly every parish community. This talk is for all, especially those in caring professions and ministries; teachers, counsellors, medical practitioners, priests, as well as for those affected directly or indirectly by abortion. There will be supper and refreshments provided.

STELLA MARIS: Regional Port Chaplain for East Anglia Ports - Stella Maris (SM) is seeking to recruit a Regional Port Chaplain who will care for all seafarers and fishers by helping to meet their pastoral and spiritual needs. For more information, please see https://www.charityjob.co.uk/organisation/stella-maris

NEWS AND EVENTS

Organist Vacancy - The Cathedral is looking to recruit an organist to play on Sundays and major feast days throughout the year. For more details about this post please see the cathedral website or contact the Director of Music.

Altar Servers needed – we are having a drive to attract more altar servers to serve on the sanctuary at the Cathedral, in particular we are looking for senior servers who can serve during the weekday Masses. Please speak to the sacristy team or Stephen Aldus.

Thank you to everyone who supported the Macmillan Coffee Morning last Friday. £686.40 was raised on the day. This is a tremendous amount. Thank you.

Inviting young people (Year 7+) especially those preparing for Confirmation, Catechists and Youth Leaders to HOPE 2025! HOPE 2025! Is a special event organised by the Diocesan Ignite Team to prepare to celebrate World Youth Sunday later in November in your parishes. It includes live music, inspiring talks, passionate prayer and good food! Held at St. Johns' Cathedral Narthex from 2:00pm - 8pm (to include joining the parish vigil Mass) on Saturday 8th November. Entry: £5 on the door.

www.rcdea.org.uk/youth

St John's Youth Group is organising the Operation Christmas Child Shoebox Appeal for the parish and collecting donations of small toys, stationery, personal care items to be packed into shoe boxes and shipped out across the world to children in need this Christmas. Thank you for the 53 shoe boxes and tons of wrapping paper last weekend. We now have to fill the shoe boxes and are collecting: 18-19th October - toiletries and stationery / 25-26th Oct - small toys, card games. Please place your donations in the collection boxes in the Rotunda each week for the youth group to collect. Further information about this annual appeal are available here - Operation Christmas Child. Thank You.

The Duckett Library will be closed for the half-term break on Sunday 26th, Tuesday 28th and Thursday 30th October. The last day of the book sale will be Thursday 23rd October and when the library reopens on Sunday 2 November there will be a display of books about and by St John Henry Newman, newly declared a Doctor of the Church.

On Wednesday 22 October at 11am Peter Thorn, who is well known amongst our parish community, will be giving a talk entitled 'The English Martyrs and Norwich'. Mr Thorn's talk will look largely at Catholic martyrs, such as St Thomas Tunstall and St Philip Howard. There will be a display of literature on the subject. The talk will be in the Narthex Hall. All are welcome.

X

Of your charity, please pray for the repose of the soul of Peter Staples who died last week in York. Peter was a parishioner of St Johns from 1968 until 2017 and will be known and loved by many.

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.