



# EXALTATION OF THE HOLY CROSS

14<sup>th</sup> Sept 2025 · Year C · Weekday I · Psalter IV

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**Cathedral Collection**  
**£4,425.77**

Loose Plate = £1,651.77

Dona = £1,120

Envelopes = £154.00

Standing Orders = c £1,500.00 \*

\*Averaged out and remains the same each week

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## Confessions

Tuesday 6pm  
Saturday: 10.30am  
Saturday: 5.15pm  
Sunday: 4.45pm

## Rosary

The Rosary is prayed in the Lady Chapel. Monday to Friday after the 10am Mass.

## Divine Office

Lauds is prayed in the Precious Blood Chapel.  
Monday to Friday at 9:40am

## TIMES OF CEREMONIES

Sun 14 <sup>th</sup>	EXALTATION OF THE HOLY CROSS		
	9am	Mass	Josefina Canlas +
	11am	Solemn Pontifical Mass	Pro Populo
	4.30pm	Solemn Vespers	
	5.30pm	Mass	Thanksgiving, Mr & Mrs Fideri
Mon 15 <sup>th</sup>	<i>Our Lady of Sorrows</i>		
	10am	Requiem	Sigitar Legata
Tues 16 <sup>th</sup>	<i>Ss Cornelius &amp; Cyprian</i>		
	10am	Mass	The Gillies Family, living & deceased
	5pm	Vespers	
	5.30pm	Mass	Alice & Louise Monis +
Wed 17 <sup>th</sup>	<i>S Hildegard of Bingen</i>		
	7.30am	Mass	Doreen & Francis Mason (F) +
	10pm	Mass	For the homeless
Thurs 18 <sup>th</sup>	<i>Feria</i>		
	10am	Mass	Brian & Marjorie Skermer (F) +
Fri 19 <sup>th</sup>	<i>S Theodore of Canterbury</i>		
	7.30am	Mass	Barry Browne (F) +
	10am	Mass	Peace, Healing & Conversion
Sat 20 <sup>th</sup>	<i>Korean Martyrs</i>		
	10am	Mass & Adoration	Family Opálková–Brezova +
	6pm	Mass (Anticipatory)	For Priests
Sun 21 <sup>st</sup>	TWENTY-FIFTH SUNDAY IN ORDINARY TIME		
	9am	Mass	Minoo Darabi +
	11am	Solemn Mass	Mrs Ann Keating +
	4.30pm	Vespers	
	5.30pm	Mass	Pro Populo

**The Cathedral Church is open daily this week from 7.30am - 6pm**

**Prayers for the sick:** Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner and Shane Wissner. [GDPR compliant] **Going into hospital?** Please inform the hospital ward itself that the Catholic Chaplain is needed.

## HYMN NUMBERS FOR 9AM MASS

754, 761, 629, 807

**Next Sunday is Home Missions Sunday** so there will be a second collection taken at all Masses next weekend.

**Would you like to learn more about the Catholic faith?** Are you looking to join (or return to) the Church? Perhaps you'd just like to understand more about what we believe and why. If so, we invite you to **Understanding Catholicism**, a weekly evening course where we unpack Catholic belief and practice. This year's course starts on **Friday 26th September at 7pm**. To find out more or register for the course, please email [parish@sjbcathedral.org.uk](mailto:parish@sjbcathedral.org.uk)

**The Prodigal Daughter** – the story of a woman's healing journey back to God and the work of Rachel's Vineyard in supporting those impacted by abortion. Join us Tuesday 16<sup>th</sup> September 4.30pm in the Narthex Bar with Rachel Mackenzie. All are welcome. For more information, please email [stjohnfhc@gmail.com](mailto:stjohnfhc@gmail.com)

Join the Secular Franciscans on Saturday 20 September at St George's RC church for a day of prayer, talks, music and reflection on **Earth, Our Common Home - Cared for or violated?** The day will start at 11am, after 10am Mass until 4pm. Please bring food for a shared lunch. Tea and coffee will be provided.

As the **assisted suicide Bill** progresses through the Lords, Peers have made it clear that receiving physical letters will have the most influence at this stage of the process. Right To Life UK has launched a new *EasyAction* tool that creates a personalised letter to be sent in the post to a Peer highlighting a key concern with the Bill, selects a Peer to receive it, and customises the letter so that it is addressed from you. **Please take action now and visit [www.righttolife.org.uk/aspeersletter](http://www.righttolife.org.uk/aspeersletter) to send a letter to Peers asking them to oppose the bill.**

**Pilgrimage to Poland; 20-26th April 2026 (organised by Tangney Tours);** Spaces are still available; deposit of £300 payable by 30th September. Details from John McLean at [jjmclean44@gmail.com](mailto:jjmclean44@gmail.com) or 07977 470491

## HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

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Saturday	5pm	Holy Qurbana (Anticipatory)
Sunday	8am	Holy Qurbana
	10am	Mass & Confessions
	4pm	Holy Qurbana

**The Duckett Library 'Big Book Sale'** continues throughout the month. As well as the usual library opening times, we will be open on Monday 15<sup>th</sup> (10.30-12) and Friday 19<sup>th</sup> (10.30-12) for Heritage Open Days. Proceeds in aid of the Cathedral building fund - come and browse a wide variety of books in good condition.

**Heritage Open Days** run 12-21 September. Details of events at [www.norfolkheritageopendays.co.uk](http://www.norfolkheritageopendays.co.uk). We are holding a children's workshop, exploring the architecture and creating clay tiles 'Let's Clay Marbles' Saturday 13 September 10.30am – 1.30pm. There is also an exhibition under the West Gallery 'Polish Roots, British Soil: A Journey of Belonging' which will be up all week. The talk 'Tongues of Fire', the story of the windows in the South Transept is repeated 16 September 1pm and 'Nothing fills a hole like a double decker' the heritage of the site from medieval to present day is repeated 19 September 1pm.

**St Francis of Assisi Catholic Primary School open morning (September 26 intake)** – families who are interested in sending their child to our school are warmly invited to look around the school on **Wednesday 5th November - 9.15am to 11.00am**. Please email [office@st-francisofassisi.norfolk.sch.uk](mailto:office@st-francisofassisi.norfolk.sch.uk) to let the school know you plan to attend and do look at our website for further information [www.stfrancisofassisi.co.uk](http://www.stfrancisofassisi.co.uk)

The Ignite Team is excited to be launching a **Young Leaders formation** initiative, specifically for those aged 16 - 22 who want to be empowered for mission and equipped to serve other young people in the diocese. The launch weekend is 17th - 19th October held at Clare Priory. For more information, please see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)