



EIGHTEENTH SUNDAY OF ORDINARY TIME

3rd August 2025 · Year C · Weekday I · Psalter II

Cathedral House, Unthank Road, Norwich, NR2 2PA

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Cathedral Office: 01603 624615
Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 3rd August	EIGHTEENTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Ric Caasi & Family</i>
	11am	Solemn Mass	<i>Pro Populo</i>
	3pm	Mass [1962 Rite Latin]	<i>Holy Souls</i>
	4.30pm	Solemn Vespers	
	5.30pm	Mass	<i>Franklin Ugwu</i>
Monday 4th	<i>S John Vianney</i>		
	10am	Mass	<i>Mary O'Neill +</i>
Tuesday 5th	<i>Feria</i>		
	10am	Mass	<i>Julieta M.T</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Colleen Waterhouse +</i>
Wednesday 6th	The Transfiguration of the Lord		
	7.30am	Mass	<i>Warriors of Mary</i>
	10am	Mass	<i>Thanksgiving – Mathew Alfonso</i>
Thursday 7th	<i>Feria</i>		
	10am	Mass	<i>Moira Otway (F) +</i>
Friday 8th	<i>S Dominic</i>		
	7.30am	Mass	<i>Cecilia Page (F) +</i>
	10am	Mass	<i>Thanksgiving - Walter & Christy</i>
Saturday 9th	S Teresa Benedicta of the Cross, Patron of Europe		
	10am	Mass	<i>Colleen Waterhouse +</i>
	6pm	Mass [Anticipatory]	<i>Margaret Marsland +</i>
Sunday 10th	NINETEENTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Pro Populo</i>
	11am	Solemn Mass	<i>Ferdinand Hertadi +</i>
	4.30pm	Vespers	
	5.30pm	Mass	<i>Maja</i>

Very Revd Alan Hodgson KHS

Dean of the Cathedral Church

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Cathedral Collection

£4,028.49

Loose Plate = £1,630.49

Dona = £804.00

Envelopes = £94.00

Standing Orders = c £1,500.00 *

**Averaged out and remains the same each week*



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Thank you for your regular support and ongoing generosity.

Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the
Lady Chapel.
Monday to Friday after the
10am Mass.

Divine Office

Lauds is prayed in the
Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Saturday

5pm

Holy Qurbana

Sunday

8am

Holy Qurbana

10am

Mass & Confessions

4pm

Holy Qurbana

The Cathedral Church is open daily from 7.30am until 6pm

A message from Fr Alan...

Welcome to Fr Anthony: A very warm welcome to Fr Anthony as he begins his ministry in the cathedral. I am sure that Fr Anthony will do his best to find his way around the procedures and processes of the cathedral and meet all of the people that work around the cathedral campus as soon as possible - please be patient with him while he settles in. I wish Fr Anthony a long, fruitful and joyful time whilst he is at the cathedral.

Our five-star team: The Environmental Health Officers (The EHO) visited the cathedral this week to carry out an inspection and to give us a rating on our hygiene and the way that we collaborate as a team. Their inspection is far-ranging from the obvious (the cleanliness of the Narthex kitchen, the toilets and general areas), to the health and safety of our fire doors and access areas, as well as our coordination between the garden (its safety adherence), the shop, the restaurant and kitchen and the management office. I am delighted to say that we achieved a five-star rating. This is a fantastic achievement by ALL of the team that work in the Narthex for us - whether they are employed, volunteer or on work placement - each person has played their role in ensuring that, not only do we have a beautiful place in which we can relax, but a safe one as well! Thank you to everyone who contributed to this success.

Gaza appeal: Last week I wrote about Gaza and the Middle East and all the awful scenes that we have witnessed over the last few weeks. Some people kindly donated money to this appeal via the cathedral and I thank you for your kindness and generosity. If you would like to donate money, we are able to get your generosity directly to Cardinal Pizzaballa and then to Gaza through the Office of the Latin Patriarch of Jerusalem. I send the money directly to the Equestrian Order of the Knights of the Holy Sepulchre, purely because I know that we have no office costs, salaries, admin fees or advertising costs.... every single penny is guaranteed to reach Gaza in its entirety. Please place your donation in an envelope marked 'Gaza' and hand it in at the sacristy or at the office or through the Cathedral House post box. Thank you for your generous support.

A pause: As we reach August and many people are away and the choir takes a break, I am going to have a rest from this weekly update during this month as well. I look forward to taking up space on this page in September when everyone returns to the cathedral and we begin again. Look out for a reduced newsletter over the month of August. For those of you who are fortunate enough to be going away for your holidays, I do wish you a very peaceful and safe time away.

Cathedral opening times: Please remember that during the week of 11-15 August, the cathedral will be open from 9am - 5pm and there will be only one Mass a day at 10am. There will be an additional Mass at 5:30pm on Friday the 15th of August and Bishop Peter will celebrate the Mass of the Assumption.

READINGS AT MASS

Sunday 3rd August 2025

First reading

Ecclesiastes 1:2; 2:21-23

‘What has a man from all his toil?’

Vanity of vanities, says the Preacher, vanity of vanities! All is vanity.

Sometimes a person who has toiled with wisdom and knowledge and skill must leave everything to be enjoyed by someone who did not toil for it. This also is vanity and a great evil. What has a man from all the toil and striving of heart with which he toils beneath the sun? For all his days are full of sorrow, and his work is a vexation. Even in the night his heart does not rest. This also is vanity.

Responsorial Psalm

Ps 90(89):3-4. 5-6. 12-13. 14, 17. R1

O Lord, you have been our refuge, from generation to generation.

Second reading

Colossians 3:1-5, 9-11

‘Seek the things that are above, where Christ is.’

Brothers and Sisters: If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory. Put to death, therefore, what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator. Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all.

Gospel Acclamation

Matthew 5:3

Alleluia, alleluia.

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Alleluia.

‘The things you have prepared, whose will they be?’

At that time: Someone in the crowd said to Jesus, ‘Teacher, tell my brother to divide the inheritance with me.’ But he said to him, ‘Man, who made me a judge or arbitrator over you?’ And he said to them, ‘Take care, and be on your guard against all covetousness, for one’s life does not consist in the abundance of one’s possessions.’ And he told them a parable, saying, ‘The land of a rich man produced plentifully, and he thought to himself, “What shall I do, for I have nowhere to store my crops?” And he said, “I will do this: I will tear down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, ‘Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.’” But God said to him, “Fool! This night your soul is required of you, and the things you have prepared, whose will they be?” So is the one who lays up treasure for himself and is not rich towards God.’

HYMN NUMBERS FOR 9AM MASS:

(the music group are away for the month of August)

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Lord Adrian Tremayne, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family, Charmanee Wissner and Shane Wissner. *[GDPR compliant]*

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.

NEWS AND EVENTS

Fr Anthony – we welcome Fr Anthony Asomugha who has arrived as our new assistant priest.

August Masses - During August from the 11th until the 23rd we will have a shortage of available priests at the cathedral.

- From the 11th until the 15th, the cathedral will be open from 09:00 to 17:00 only with just the one Mass at 10:00 (Monday to Friday) – **apart from on 15th August for the Feast of the Assumption when Bishop Peter will celebrate Mass (with visiting choir) at 5.30pm**
- On the weekends of 16/17 and 23/24, Fr Denys will celebrate the Saturday evening Mass and Mass at Holy Apostles - thank you - and Fr Anthony will celebrate the three cathedral Masses.
- As the choir takes a break in August there will be no Vespers on Sunday evenings of the 17th and 24th of August and a cantor-led Vespers on other Sundays
- While the Cathedral Choir is on holiday, the 11am Mass will be sung by cantor and congregation throughout August and on Sunday, 7 September.
- The 9am and 5:30pm Sunday Masses will be said throughout August.
- We will be joined by visiting choirs for the 5:30pm Mass on Friday, 15 August and the 11am Mass on Sunday 17 August.
- As there is no message from Fr Alan for the month of August, we will be resuming the previous format for the weekly newsletter in order to save on printing costs. Therefore, there will be no Readings at Mass printed in the bulletin.

Walsingham Hiring a Sacristan - The Shrine in Walsingham is currently seeking a dedicated and organised Sacristan to join their team. This vital role supports the daily liturgical life of the Shrine, ensuring sacred spaces are well-prepared, reverent and welcoming for all pilgrims and visitors. For more information, please see:

<https://www.walsingham.org.uk/2025/07/22/job-advert-sacristan/>

First Holy Communion (FHC) and Confirmation Programmes 2025-26 are now open for registration. Children aged 7 and above (entering Yr 3 in Sep '25) should apply for FHC. Students aged 13 and above (entering Yr 9 in Sep '25) please apply for the Confirmation Programme. Registration forms are available on the Cathedral Website. Please ensure you have your child's baptism certificate details to complete the form. Please also help us spread the word about registrations and encourage family and friends to get those forms in as soon as possible. Registrations closes on 31st August 2025. [FHC and Confirmation Booking form 2025-26 - please click here](#)

NEWS AND EVENTS

Children's Liturgy - as children's liturgy breaks for the summer, we thank families for participating in our enjoyable and vibrant sessions and invite parents and carers to think about becoming part of our team. There are many opportunities to become involved whatever your age or experience. Group leads can work independently or work in a pair. As a helper, roles include welcoming families, supporting children to settle and the set-up and break down of the younger group space. New members are fully supported by the team, with mentoring, shadowing and resources. Please contact Karen, k.sullivanking@gmail.com for more information. Children's Liturgy returns on Sunday 7th September.

The Cathedral Flower Group will be taking a break during the month of August, so there will be no new arrangements during that period. However, there will be exceptions for the Feasts of the Assumption of Our Lady on 15th and that of the Beheading of St John on 29th, when flowers will be provided for their respective statues.

Parish Pilgrimage to Poland: John Mclean has very kindly offered to arrange a pilgrimage next year to Poland from Monday 20th April until Friday 24th of April. The pilgrimage will take place in Krakow, Wadowice (the birthplace of Pope St John Paul II) as well as other holy places and places of interest. Poland is a fascinating country with a strong and beautiful culture alongside delicious cuisine and a strong Catholic faith. The cost for the pilgrimage (including flights) will be around £1000, depending on how many people wish to join us. If we manage to attract more than 30 pilgrims, then the cost is reduced slightly. There is a single supplement of £160 (but these spaces are limited due to hotel capacity). We do need to finalise numbers by the end of August and, of course, if we book our flights earlier then they are often available at a more reasonable price. Please contact John jjmclean44@gmail.com or 07977 470491.

The Duckett Library is now closed for the summer holidays, except for opening for the Tower Tour on Saturday 23 August. The library will re-open from Sunday 7 September, with some extra openings for Heritage Open Days. Returned books can be left in the 'Returns' box outside the library, and if you need to borrow books, please contact us by email.

St John's Cathedral Garden Tour - Join us on Friday 8th August at 11am for a guided tour of our stunning cathedral garden, where you'll have the chance to ask your questions to a knowledgeable, qualified gardener. Tickets are £3.50pp, spaces are limited. Get 10% off in the café with your ticket. To book: bookings@sjbcathedral.org.uk or 01603 724380.

MARRIAGE HELP - Retrouvaille helps couples find hope and healing for their marriage. Next date: 17th-19th Oct. www.retrouvaille.org.uk Tel: 0788 7296983

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.