

# Lent & Holy Week

in the Cathedral of Saint John  
the Baptist, Norwich

# 2025



# Introduction



Dear brothers and sisters, on Ash Wednesday we begin again our campaign of prayer and penance in the solemn season of Lent, as we prepare ourselves for the saving events of Holy Week.

It is a time given to us for a deepening of prayer, penitence, and almsgiving, that we may worthily celebrate the Resurrection of the Lord. Please do make a resolution to increase your devotion to the Lord, and we can do this by attending another Mass during the week, Stations of the Cross etc. Please do also contribute to our collection for the support of Christians in the Holy Land.

May God bless all of you, and help you to keep a Holy Lent.

**Fr Alan Hodgson**

Dean of the Cathedral Church

# Ash Wednesday

Wednesday 5 March 2025

Day of Fasting and Abstinence

*There will be the blessing and distribution of  
Ashes at every Mass*

- 7:30 Said Mass
- 10:00 Sung Mass
- 15:00 Mass (1962 Latin)
- 17:30 Solemn Pontifical Mass

Mass XVIII - Plainsong  
Psalm 50: Miserere mei - Handl  
Emendemus in melius - Byrd



# Lenten Talks

## **The History of Catholic England (Part One): From the Roman Empire to Henry VIII**

Dr Richard Maguire, Heritage Officer

**19:00 Friday 7 March 2025** Narthex Hall

In this first Lent talk, Dr Richard Maguire, will be looking at the history of Catholic England. Beginning with the arrival of the Catholic Church during the Roman period, he will explore the revival of the Church in the Anglo-Saxon kingdoms and the triumphs and challenges of the Medieval Period. The talk will use the images of Catholic history in the Cathedral's stained-glass, as well as the Cathedral's architecture to help us think about this story.

## **The History of Catholic England (Part Two): From the Break with Rome to the Early 20th Century**

Dr Richard Maguire, Heritage Officer

**19:00 Friday 14 March 2025** Narthex Hall

In the second of his Lent talks, Dr Richard Maguire will once again use the stained-glass and the architecture of the Cathedral to explore the decision by Henry VIII to break with Rome and the disastrous impact it had on Catholic England. The talk will explore the 'penal years' from 1534 to 1829 and finish with the nineteenth/early twentieth century revival of Catholicism in England, the period when the (then) Church of Saint John the Baptist was founded.

# Gregorian Chant and the Liturgy

David Grealy, Director of Music

**19:00 Tuesday 25 March 2025** Narthex Hall

**19:00 Tuesday 1 April 2025** Narthex Hall

Director of Music, David Grealy, will introduce the world of Gregorian Chant and its role within the liturgy. Attendees will be given the opportunity to learn and sing chants, but are also welcome to observe without singing. As well as introducing a variety of chants, topics will include:

- How Gregorian Chant notation came about and how to read it.
- The system of church modes.
- How Gregorian Chant is structured within the Church's worship and its relevance to the liturgy of the Second Vatican Council.



# Stations of the Cross



## Fridays in Lent

Stations of the Cross will be led from station to station by one of the Cathedral clergy each Friday in Lent at **12:00** and at **17:30**. At each station there is a time of meditation and an act of devotion.

## Good Friday 18 April 2025

**11:00** Children's Stations of the Cross

**12:00** Stations of the Cross across the city

A family friendly gentle stroll around the city, visiting 14 churches over 5 miles and praying the Stations of the Cross along the way. We will be departing the Cathedral at **12 noon** - please meet in the Rotunda.

**18:00** Solemn Stations of the Cross

# Holy Hours

Holy hours will take place on the following Wednesdays in Lent:

**17:00-18:00**

Wednesday 2 April

Wednesday 9 April

All are invited to join in this time of stillness and reflection.



## 24 Hours for the Lord

**Friday 28 March - Saturday 29 March**

24 hours of Adoration with the Lord - starting with 10am Mass on Friday and running through the day and night up to 10am Mass on Saturday. Further information on the itinerary for the day is available on the Cathedral website.

# Holy Week

## **Palm Sunday 13 April 2025**

Masses 18:00 (Sat 12 April), 9:00, 17:30

11:00 Solemn Procession and Mass

16:30 Solemn Vespers and Benediction

## **Monday of Holy Week 14 April 2025**

10:00 Mass & Adoration

10:00-11:00 Confessions

11:00 Benediction

## **Tuesday of Holy Week 15 April 2025**

11:30 Chrism Mass

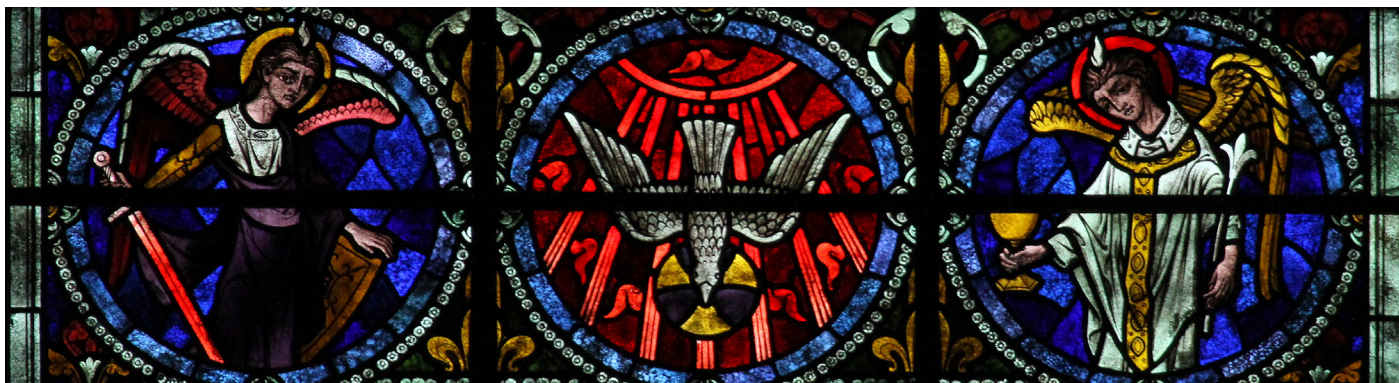
*with Blessing of the Oil of Catechumens, the Oil of the Sick and the Oil of Sacred Chrism*





# Wednesday of Holy Week 16 April 2025

7:30	Mass
10:00	Mass & Adoration
10:00-11:00	Confessions
11:00	Benediction



## The Sacred Paschal Triduum

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### Maundy Thursday 17 April 2025

10:00	Tenebrae - Office of Readings
10:00-11:00	Confessions
19:00	Solemn Pontifical Mass <i>with washing of feet and transfer of the Most Blessed Sacrament followed by watching at the Altar of Repose</i> Missa Brevis - Palestrina Ubi Caritas - Duruflé Dominus Jesus in qua nocte - Palestrina Tantum ergo - de Séverac
23:45	Compline

# Good Friday 18 April 2025

## Day of Fasting and Abstinence

- 10:00 Tenebrae - Office of Readings  
Tenebrae responses - Victoria
- 10:00-11:00 Confessions
- 11:00 Children's Stations of the Cross
- 12:00 Stations of the Cross across the city
- 15:00 Solemn Liturgy of the Passion  
Christus factus est - Anerio  
Reproaches - Victoria  
Crux fidelis - King John of Portugal  
Ave verum - Byrd
- 18:00 Solemn Stations of the Cross  
*with veneration of the Relic of the True Cross*

# Holy Saturday 19 April 2024

- 10:00 Tenebrae - Office of Readings  
Tenebrae responses - Victoria
- 10:00-11:00 Confessions
- 20:00 Solemn Vigil and  
First Mass of Easter  
*with Baptisms and Confirmations*  
Sicut cervus - Palestrina  
Missa Brevis in D - Mozart  
Vidi Aquam - Victoria  
Dum transisset Sabbatum - Taverner  
O Filii et Filiae - arr. Justin

# Easter Sunday 20 April 2025

- 9:00 Sung Mass
- 11:00 Solemn Pontifical Mass  
Missa Brevis in C - Mozart  
O Filii et Filiae - arr. Justin  
Alleluia: dic nobis Maria - Capillas
- 15:00 Latin Mass (1962 rite)
- 16:30 Solemn Vespers & Benediction
- 17:30 Sung Mass





The Cathedral of St John The Baptist Trust. Reg Charity No: 1152820

