



EIGHTH SUNDAY OF ORDINARY TIME

2nd March 2025 · Year C · Weekday I · Psalter IV

Cathedral House, Unthank Road, Norwich, NR2 2PA

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Cathedral Office: 01603 624615

Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 2nd March	EIGHTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Victor Boyet Maranan +</i>
	11am	Solemn Mass	<i>Ann Kutay</i>
	3pm	Mass [1962 Rite Latin]	<i>Alan Curtis +</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass with Cantor	<i>Patrick Mongan +</i>
Monday 3rd	<i>Feria</i>		
	10am	Mass	<i>John Kiely +</i>
Tuesday 4th	<i>Feria</i>		
	10am	Requiem Mass	<i>Philip Collins +</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Vincenzo +</i>
Wednesday 5th	ASH WEDNESDAY		
	7.30am	Mass	<i>Gilbert Lassaso +</i>
	10am	Mass	<i>Brian Plumb +</i>
	3pm	Mass [1962 Rite Latin]	<i>Thomas Kiely +</i>
	5.30pm	Solemn Pontifical Mass	<i>Pro Populo</i>
Thursday 6th	<i>Lent Feria</i>		
	10am	Mass	<i>Eloise</i>
Friday 7th	<i>Lent Feria</i>		
	7.30am	Mass	<i>Vincenzo +</i>
	10am	Mass & Adoration	<i>George Leverage +</i>
Saturday 8th	S Felix, Secondary Patron of the Diocese		
	10am	Mass	<i>Tom</i>
	6pm	Mass (Anticipatory)	<i>Victor Boyet Maranan +</i>
Sunday 9th	FIRST SUNDAY OF LENT		
	9am	Mass	<i>Kieran McNamara +</i>
	11am	Solemn Mass	<i>Petornila Martyres +</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass	<i>Pro Populo</i>

The Cathedral Church is open daily from 7.30am until 6pm

Very Revd Alan Hodgson KHS

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Cathedral Collection

£4,152.54

Loose Plate = £1,364.54

Dona = £1,135.00

Envelopes = £153.00

Standing Orders = c £1,500.00 *

*Averaged out and remains the same each week



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Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel.
Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sunday

8am

Holy Qurbana

10am

Mass & Confessions

4pm

Holy Qurbana

A message from Fr Alan...

A Lent to remember

It seems almost incomprehensible that we are on the threshold of another Lenten season as we look ahead to Ash Wednesday this week. Even though Lent is almost at its latest point in terms of the calendar, it still seems to have come around rather quickly.

I remember in my youth people enquiring from each other as to 'what they had given up for lent'. The answers were always pretty standard; chocolate, alcohol, meat, cigarettes (a sign of the times) or, occasionally, some other pleasure like TV or shopping. It is good practice to try and affix some form of discipline to Lent, but only if it has a positive outcome - sure, give up something, but then take the savings you have made and donate the money to a worthwhile cause. The danger with the Lent-of-my-youth is that it could often manifest itself in a negative view of the season and, most of the time at least, people did not seem to persevere for the full duration of the period.

Perhaps this Lent, things can be done more positively, and we can try and acquire a greater awareness of our faith and put that to positive use. There can still be a sacrificial element to it, and this can be coupled with the joy of learning something new and possibly life changing. Our Lenten lectures for this year are varied; two on the History of Catholic England and two on Gregorian Chant. I am hoping that there might be something in that offering for a wide audience. It may be good practice to leave the warmth and comfort of your homes and come to these talks. We will also have a simple soup lunch after the 11:00 Masses on the Sundays of Lent - try and stay for these lunches and talk to someone new and make them feel welcome. Also, look out for the beginning of our new catechism program that will be launched in a few weeks' time. I, and the team that have helped me prepare this course (especially Dr Richard Maguire), are really excited to bring this to the cathedral - full details will be announced nearer the time, but I am hoping that you will pick a course that interests you and work your way through it and broaden your own faith.

The Cathedral Garden

A few short months ago, we hired a new gardener to tend and care for our beautiful flower garden as well as grow vegetables for us to use in the Narthex Restaurant. The amount of work and labour that has gone into the beds and surrounding areas is phenomenal. Every time I walk through the grounds I see new growth, neat beds and borders and a garden that seems to be just waiting to burst into spring. It gives me a renewed sense of pride in our cathedral, and I hope that you feel the same way too. I thank Rachel for her enthusiasm and the joy she has brought to our community. I know that in the summer she will need volunteers, so get those tools sharpened and gloves cleaned in anticipation.

Finally: Don't forget that on Tuesday from 4pm the youth group will be selling pancakes in the Narthex Hall. Come and support our young parishioners.

READINGS AT MASS

Sunday 2nd March 2025

First reading

Sirach 27:4-7

‘Do not praise a man before you hear him reason.’

When a sieve is shaken, the refuse appears, so a person’s filth in his thoughts. The kiln tests the potter’s vessels; likewise, the test of a person is in his reasoning. The fruit discloses the cultivation of a tree; so, the expression of a thought discloses the cultivation of a person’s mind.

Do not praise a man before you hear him reason, for this is the test of people.

Responsorial Psalm

Ps 92(91):2-3. 13-14. 15-16. **R** cf. 2a

It is good to give thanks to you, O LORD.

Second reading

1 Corinthians 15:54-58

‘He gives us the victory through Jesus Christ.’

Brothers and Sisters: When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: ‘Death is swallowed up in victory.’ ‘O death, where is your victory? O death, where is your sting?’

The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ. Therefore, my beloved brothers and sisters, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labour is not in vain.

Gospel Acclamation

Philippians 2:15d, 16a

Alleluia, alleluia.

Shine as lights in the world,
holding fast to the word of life.

Alleluia

'Out of the abundance of the heart the mouth speaks.'

At that time: Jesus told his disciples a parable: 'Can a blind man lead a blind man? Will they not both fall into a pit? A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher. Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? How can you say to your brother, "Brother, let me take out the speck that is in your eye", when you yourself do not see the log that is in your own eye? You hypocrite! First take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye.

'For no good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit. For figs are not gathered from thorn bushes, nor are grapes picked from a bramble bush. The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.'

HYMN NUMBERS FOR 9AM MASS:

924, 813, 919, 920, 794

NEWS AND EVENTS

Ash Wednesday – Wednesday of this week is Ash Wednesday and a day of fasting and abstinence. Friday of this week is the World Day of Prayer.

Stations of the Cross – will take place on Fridays during Lent at 12pm and 5.30pm, starting this Friday 7th March.

Friday Adoration will take place on **Friday 7th March**. Exposition of the Blessed Sacrament will start from **after the 10am Mass until 11.55am**, and repose while Stations of the Cross takes place, and then resume until 4pm. The Chaplet of Divine Mercy will be prayed together at 3pm. Do come and spend some quiet time with Our Blessed Lord praying in intercession for Bishop Peter and all the priests of the Diocese. Please do sign up for a slot on the Rota at the back of the church to ensure a presence throughout the day. All are welcome.

Livestreaming – we hope that the problems we were experiencing with livestreaming have now been rectified. We will keep an eye on this over the next few weeks.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 3rd March** and then on **Monday 17th March**.

The Duckett Library would be grateful for the return of very overdue library books – some due over a year ago! No fines, just put any in the returns box outside the Library. You can renew by emailing duckettlibrary@sjbcathedral.org.uk.

Fr Alan is turning 60 soon and we are having a party on Sunday 9th March at 12.30 in the Narthex. Everyone is invited! Please sign up on the list at the back of the Cathedral so that we can sort out the catering. If you can help with setting up tables and chairs or bringing a dish to share, please note that down on the sign-up sheet. There are some envelopes at the back of the Church if you would like to send him a gift.

Children's Liturgy sign up form - if your child/children are attending the Children's Liturgy at the 9am Mass, please scan the QR code here and fill in the registration form - just once this year to add their names to the register. A hard copy of the register will be available from next Sunday 9th March for parents to sign in when bringing their children to Children's Liturgy. Thank You



This newsletter is sponsored by:

Love to Care
154 Dereham Road
Norwich
NR2 3AB



NEWS AND EVENTS

Shrove Tuesday Pancake Party – Tuesday 4th March, in the Narthex from 4pm – organised by the Youth Group to fundraise for Flame 2025. Enjoy food, friendship and support our Youth Group's fundraising efforts for their National Conference Flame 25.

St Patrick's Night, Saturday 22nd March - Join us for an evening of live entertainment and good food! Indulge in a delicious homemade Irish Stew and bring along your favourite Irish dessert. Tickets are £10 each, including your stew. The bar will also be open! All profits go towards the building fund. To book contact Sarah on 01603 724380 or bookings@sjbcathedral.org.uk. Donations of raffle prizes will be gratefully received!

Mother's Day Afternoon Tea - Treat your mums, step-mums, grandmas and all to a delicious afternoon tea this Mother's Day. It is the perfect gift to say thank you to someone special. Available on Saturday 29th March, between 11am and 1:30pm. Booking is required along with a £10 non-refundable deposit per person. Any allergens or dietary requirements can be catered for with prior notice. To book - contact Sarah on 01603 724380 or bookings@sjbcathedral.org.uk

Pilgrim Cross is an Easter pilgrimage for all ages that walks every year to Walsingham. We live and walk in community seven days before spending an amazing weekend celebrating Easter in the Shrine of Walsingham. The pilgrimage is an opportunity to step out of the busyness of everyday life for a week and just be. Whether you are looking to deepen your faith, find fellowship with friends or just to take some time to think, we look forward to meeting you on Pilgrim Cross. Starting in Oxford, we walk 100 miles over 7 days and celebrate Easter in Walsingham. For more details go to <https://pilgrimcross.org.uk/event/oxford-leg>.

"SPRING into SPRING!" - with *St John's Walking Group!* If you enjoy walking outdoors, meeting other parishioners and you would like gentle exercise after the long winter, why not sign up for the Group! For more information contact John on 07977470491 or at jjmclean44@gmail.com."

The Ignite Team would like to extend a huge thank you to everyone who supported our Bingo Night on 15th February – whether you came along, donated prizes, or helped in any way. It was a fantastic evening filled with fun, laughter, and friendly competition, all in aid of a great cause. Thanks to your generosity, we raised over £500 to support young people from our diocese travelling to Rome this summer for the Jubilee Year celebrations. Your support is making a real difference, helping them deepen their faith and experience the Church on a global scale. Thank you again for your kindness and enthusiasm – we couldn't have done it without you!

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, David Jamieson, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family and Shane Wissner. [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.