



SEVENTH SUNDAY OF ORDINARY TIME

23rd February 2025 · Year C · Weekday I · Psalter III

Cathedral House, Unthank Road, Norwich, NR2 2PA

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Cathedral Office: 01603 624615
Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 23rd Feb	SEVENTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Thanksgiving for the Caasi Family</i>
	11am	Solemn Mass	<i>John Mongan & Family</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass with Cantor	<i>Pro Populo</i>
Monday 24th	<i>Feria</i>		
	10am	Mass	<i>Holy Souls in Purgatory (AC)</i>
Tuesday 25th	<i>Feria</i>		
	10am	Mass	<i>Yoskyl Brackley (F) +</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Robyn Hodgson +</i>
Wednesday 26th	<i>Feria</i>		
	7.30am	Mass	<i>John Francis McGuire +</i>
	10am	Mass	<i>Victorino Belen +</i>
Thursday 27th	<i>Feria</i>		
	10am	Mass	<i>Felinda Hertadi</i>
Friday 28th	<i>Feria</i>		
	7.30am	Mass	<i>Imelda & Bob +</i>
	10am	Mass	<i>Mary Kiely +</i>
Saturday 1st Mar	S David, Patron of Wales		
	10am	Mass	<i>Henry, Duke of Norfolk (F) +</i>
	6pm	Mass (Anticipatory)	<i>Emilia Pritrska +</i>
Sunday 2nd	EIGHTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Victor Boyet Maranan +</i>
	11am	Solemn Mass	<i>Ann Kutay</i>
	3pm	Mass [1962 Rite Latin]	<i>Alan Curtis +</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass	<i>Patrick Mongan +</i>

The Cathedral Church is open daily from 7.30am until 6pm

Very Revd Alan Hodgson KHS

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Cathedral Collection

£3,896.18

Loose Plate = £1,240.18

Dona = £997.00

Envelopes = £159.00

Standing Orders = c £1,500.00 *

*Averaged out and remains the same each week



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Thank you for your regular support and ongoing generosity.

Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel.
Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sunday

8am

Holy Qurbana

10am

Mass & Confessions

4pm

Holy Qurbana

A message from Fr Alan...

Taking care of our future: You may have noticed that we were in the news again this week in relation to the work that we need to undertake for the preservation of our beautiful cathedral so that it is a safe and comfortable place for us to gather and to be able to hand it over to future-generations.

Historic England has awarded a grant of £57,000 to us to support vital conservation work, ensuring the long-term preservation of this historic landmark.

The funding will enable vital investigation work to assess the impact of increased leaks and deluges on sections of the cathedral's roofs and drainage system. These assessments mark the first step in a wider programme of repairs to protect the Grade I listed building.

Tony Calladine, East of England Regional Director, Historic England, said: "St John the Baptist Cathedral is not just an architectural treasure, but a vital part of Norwich's cultural and social fabric. This £57,000 grant will help identify and address urgent repairs needed to protect this magnificent building. The cathedral's role as both a tourist destination and community hub make it essential that we safeguard its future for generations to come."

As the above quote says, this is merely the beginning of a substantial amount of future work that we will need to begin in due course. Whilst £57 000 is extremely generous and welcomed by us as a community and I extend my gratitude to Historic England, this grant will simply cover the investigative and planning stage of the work (you may have noticed the many people around the cathedral this week with lasers and drones measuring and inspecting the building). Once this initial phase is complete then the real work begins!

On a more domestic note: The team of volunteers that keep our cathedral looking spotless and beautiful, who spend several hours cleaning the cathedral every Tuesday, have brought to my attention this week that they found the debris of food in various parts of the cathedral - crumbs, cashew nuts, a wine bottle and other food items. Please could I ask you not to eat or drink whilst in the cathedral? [Yes, I cannot believe that I had to write that, either].

READINGS AT MASS

First reading

Sunday 23rd February 2025

1 Samuel 26:2, 7-9, 12-13, 22-23

'The Lord gave you into my hand today, and I would not put out my hand against the Lord's anointed.'

In those days: Saul arose and went down to the wilderness of Ziph with three thousand chosen men of Israel to seek David in the wilderness of Ziph.

David and Abishai went to the army by night. And there lay Saul sleeping within the encampment, with his spear stuck in the ground at his head, and Abner and the army lay round him. Then Abishai said to David, 'God has given your enemy into your hand this day. Now please let me pin him to the earth with one stroke of the spear, and I will not strike him twice.' But David said to Abishai, 'Do not destroy him, for who can put out his hand against the LORD's anointed and be guiltless?' So, David took the spear and the jar of water from Saul's head, and they went away. No man saw it or knew it, nor did any awake, for they were all asleep, because a deep sleep from the LORD had fallen upon them.

Then David went over to the other side and stood far off on the top of the hill, with a great space between them. David said, 'Here is the spear, O king! Let one of the young men come over and take it. The LORD rewards every man for his righteousness and his faithfulness, for the LORD gave you into my hand today, and I would not put out my hand against the LORD's anointed.'

Responsorial Psalm

Ps 103(102):1-2. 3-4. 8, 10. 12-13. R8a

The LORD is compassionate and gracious.

Second reading

1 Corinthians 15:45-49

'Just as we have borne the image of the man of dust, we shall also bear the image of the man of heaven.'

Brothers and Sisters: 'The first man Adam became a living being'; the last Adam became a life-giving spirit. But it is not the spiritual that is first but the natural, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so also are those who are of the dust, and as is the man of heaven, so also are those who are of heaven. Just as we have borne the image of the man of dust, we shall also bear the image of the man of heaven.

Alleluia, alleluia.

A new commandment I give to you, says the Lord,
that you love one another, just as I have loved you.

Alleluia.

Gospel**Luke 6:27-38**

‘Be merciful, even as your Father is merciful.’

At that time: Jesus said to his disciples, ‘I say to you who hear: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. To one who strikes you on the cheek, offer the other also; and from one who takes away your cloak do not withhold your tunic either. Give to everyone who begs from you; and from one who takes away your goods, do not demand them back. And as you wish that others would do to you, do so to them.

‘If you love those who love you, what benefit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what benefit is that to you? For even sinners do the same. And if you lend to those from whom you expect to receive, what credit is that to you? Even sinners lend to sinners, to get back the same amount. But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil.

‘Be merciful, even as your Father is merciful. Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven. Give, and it will be given to you; good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you.

HYMN NUMBERS FOR 9AM MASS:

The African group are playing at the 9am Mass this Sunday

NEWS AND EVENTS

Livestreaming – we are currently experiencing intermittent difficulties with our livestreaming service and hope to have this rectified over the next few days. We apologise for any inconvenience caused.

How are you preparing for Lent? Come to “Don’t forget the Holy Spirit”, a day of renewal at St Laurence’s Church, Milton Road, Cambridge 1st March 2025 10:00 – 16:00 with Guest speakers Fr Matt Anscombe & Caroline Sadd. The day includes Mass (10:30), praise & worship, inspiring talks, real-life accounts of transformation, reconciliation, exposition & prayer ministry. Please bring a packed lunch. Tea and Coffee will be available. For more info email: renewaleastanglia@gmail.com or phone Pam Smith: 07869652115

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 3rd March** and then on **Monday 17th March**.

Fr Alan is turning 60 soon and we are having a party – all invited – on Sunday 9th March at 12.30 in the Narthex. Please sign up on the list at the back of the Cathedral so that we can sort out the catering. If you can help with setting up tables and chairs or bringing a dish to share, please note that down on the sign-up sheet.

There are some envelopes at the back of the Church if you would like to send him a gift.

Save the date – Shrove Tuesday Pancake Party – in the Narthex from 4pm – organised by the Youth Group to fundraise for Flame 2025. Get your pancakes in before Lent starts and support our young people going to Flame 25 – the largest Catholic Youth Conference in the UK.

This newsletter is sponsored by:

Love to Care
154 Dereham Road
Norwich
NR2 3AB



NEWS AND EVENTS

Join CAFOD's Big Lent Walk in the Jubilee Year - You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope. Sign up here: <https://walk.cafod.org.uk/>

The Cathedral Shop is now stocking **The Jubilee Companion Booklet** and is available to purchase for £1.50. This booklet aims to assist and enrich your celebration of this Holy Year and will help you to ponder and pray on the themes. It also includes prayers and hymns to assist with your journey through the year.

"SPRING into SPRING!" - with *St John's Walking Group!* If you enjoy walking outdoors, meeting other parishioners and you would like gentle exercise after the long winter, why not sign up for the Group! For more information contact John on 07977470491 or at jjmclean44@gmail.com."

Tambogrande Coffee Morning and Raffle - Thursday 27th February from 10.30-12.30. All welcome at 74 Highland Rd NR2 3NW (Andrew and Sarah Ebelewicz). Offers of cakes would be very welcome, please ring 07928 082177. Thank you.

St Patrick's Night, Saturday 22nd March - Join us for an evening of live entertainment and good food! Indulge in a delicious homemade Irish Stew and bring along your favourite Irish dessert. Tickets are £10 each, including your stew. The bar will also be open! All profits go towards the building fund. To book contact Sarah on 01603 724380 or bookings@sjbcathedral.org.uk. Donations of raffle prizes will be gratefully received!

Mother's Day Afternoon Tea - Treat your mums, step-mums, grandmas and all to a delicious afternoon tea this Mother's Day. It is the perfect gift to say thank you to someone special. Available on Saturday 29th March, between 11am and 1:30pm. Booking is required along with a £10 non-refundable deposit per person. Any allergens or dietary requirements can be catered for with prior notice. To book - contact Sarah on 01603 724380 or bookings@sjbcathedral.org.uk

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, David Jamieson, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family and Shane Wissner. [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.