



FIFTH SUNDAY OF ORDINARY TIME

9th February 2025 · Year C · Weekday I · Psalter I

Cathedral House, Unthank Road, Norwich, NR2 2PA

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Cathedral Office: 01603 624615

Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 9th Feb	FIFTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Pro Populo</i>
	11am	Solemn Mass	<i>Brenda Walker, thanksgiving</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass with Cantor	<i>Carmel Busuttill +</i>
Monday 10th	<i>S Scholastica</i>		
	10am	Mass	<i>Private Intention</i>
Tuesday 11th	<i>Our Lady of Lourdes</i>		
	10am	Mass	<i>Michael & Bodil Cronin</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Josto Cara +</i>
Wednesday 12th	<i>Feria</i>		
	7.30am	Mass	<i>Deceased members of the Cara & Gorelli families +</i>
	10am	Mass	<i>Jose Eduardo Cardoso & family +</i>
Thursday 13th	<i>Feria</i>		
	10am	Mass	<i>Sebastian Xavier Fernandes (F) +</i>
Friday 14th	Ss Cyril Monk & Methodius		
	7.30am	Mass	<i>Loriana Gorelli +</i>
	10am	Mass	<i>Peter Crotty +</i>
Saturday 15th	<i>Blessed Virgin Mary on a Saturday</i>		
	10am	Mass	<i>Peter Montgomery Wright +</i>
	6pm	Mass (Anticipatory)	<i>Bener Hernandez +</i>
Sunday 16th	SIXTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Pro Populo</i>
	11am	Solemn Mass	<i>Holy Souls in Purgatory (AC)</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass	<i>Emilia Bersalona +</i>

The Cathedral Church is open daily from 7.30am until 6pm

Very Revd Alan Hodgson KHS

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Cathedral Collection

£4,815.87

Loose Plate = £1,582.87

Dona = £1,565.00

Envelopes = £168.00

Standing Orders = c £1,500.00 *

*Averaged out and remains the same each week



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Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel.
Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sunday

8am

Holy Qurbana

10am

Mass & Confessions

4pm

Holy Qurbana

A message from Fr Alan...

The Holy Father announced that this year would be a jubilee year, in keeping with tradition that such a year is held every 25 years in the Universal Church. The theme for this year's jubilee is *Pilgrims of Hope*. In the past, cathedrals and holy places would be given the privilege of a Holy Door through which pilgrims could pass and obtain an indulgence. This year, Holy Doors have been opened only in Rome and Sacred Jubilee Sites have been declared. In our diocese these are The Cathedral of St John the Baptist and the Catholic National Shrine of Our Lady at Walsingham. A more detailed explanation of the Jubilee Year will soon be available at the back of the cathedral on display boards. However, here is a handy summary of the essentials:

1. What is a Jubilee Indulgence?

The Jubilee Indulgence is a gift of grace granted by the Church. It involves the remission of all temporal punishment due to sin for those who are:

- Truly repentant and free from attachment to sin.
- Purified through the Sacrament of Penance.
- Nourished by Holy Communion.
- Praying for the Pope's intentions.

The indulgence can also be applied to the souls in Purgatory. These conditions must be fulfilled within 20 days before or after completing the indulgenced act.

2. Make a Pilgrimage to a Sacred Jubilee Site

In the Diocese of East Anglia, the following sites have been decreed as Jubilee Churches: Cathedral of St John the Baptist and the Catholic National Shrine of Our lady at Walsingham.

You can obtain the indulgence by visiting one of these locations and:

- Participating in Holy Mass or other liturgical celebrations (e.g., the Liturgy of the Hours, the Rosary, or the Way of the Cross).
- Spending time in Eucharistic adoration and private prayer. Include:
 - The Our Father.
 - The Profession of Faith (Apostles' Creed or Nicene Creed).
 - Prayers to the Blessed Virgin Mary (e.g., Hail Mary).

Other opportunities are available for those who are unable to make pilgrimage - details at the back of the cathedral.

'Here I am! Send me.'

In the year that King Uzziah died, I saw the Lord sitting upon a throne, high and lifted up; and the train of his robe filled the Temple. Above him stood the seraphim. Each had six wings. And one called to another and said:

'Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory!'

And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke. And I said: 'Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the LORD of hosts!'

Then one of the seraphim flew to me, having in his hand a burning coal that he had taken with tongs from the altar. And he touched my mouth and said: 'Behold, this has touched your lips; your guilt is taken away, and your sin atoned for.'

And I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' Then I said, 'Here I am! Send me.'

Responsorial Psalm**Ps 138(137):1-2a. 2bc, 3. 4-5. 7c-8. R1c**

In the presence of the angels, I praise you, O Lord.

Second reading**1 Corinthians 15:3-8, 11****'So we preach and so you believed.'**

Brothers and Sisters: I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures, and that he appeared to Cephas, then to the Twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have fallen asleep. Then he appeared to James, then to all the Apostles. Last of all, as to one untimely born, he appeared also to me.

Whether then it was I or they, so we preach and so you believed

Gospel Acclamation

Matthew 4:19

Alleluia, alleluia.

Follow me, says the Lord,
and I will make you fishers of men.

Alleluia.

Gospel

Luke 5:1-11

'They left everything and followed him.'

At that time: The crowd was pressing in on Jesus to hear the word of God. He was standing by the lake of Gennesaret, and he saw two boats by the lake, but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had finished speaking, he said to Simon, 'Put out into the deep and let down your nets for a catch.' And Simon answered, 'Master, we toiled all night and took nothing! But at your word I will let down the nets.' And when they had done this, they enclosed a large number of fish, and their nets were breaking. They signalled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, 'Depart from me, for I am a sinful man, O Lord.' For he and all who were with him were astonished at the catch of fish that they had taken, and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, 'Do not be afraid; from now on you will be catching men.' And when they had brought their boats to land, they left everything and followed him.

HYMN NUMBERS FOR 9AM MASS:

469, 478, 743, 865

NEWS AND EVENTS

Sunday of this week - is the Diocesan Day of Prayer for Engaged Couples – there will be a special blessing for all engaged couples of the Parish at the 11am Mass today.

The Teresian Prayer Group meets again on Tuesday 11 February at 4.30 pm in the Narthex Bar to continue reflecting on the writing of St John of the Cross. Everyone is welcome.

The feast day of St Josephine Bakhita, the patron saint of victims of human trafficking and modern slavery, took place on February 8th. There are 50 million victims of human trafficking across the world and as many as 5,000 in the Diocese, hidden in plain sight in our neighbourhoods. Pope Francis describes human trafficking as “blood money” and a “crime against humanity”. We are all called to combat this evil trade. To find out more and what you can do, read the leaflet available at the back of the church, and go to [santamartagroup.org/resources](https://www.rcdea.org.uk/resources). Further information about what is being, and can be done at Diocesan level around combatting slavery (and the leaflet) can be found at <https://www.rcdea.org.uk/caritas-east-anglia/modern-slavery/> The Norwich Justice and Peace group hosted a Presentation on Modern Slavery on 6th February. You are invited to watch the recording at <https://www.youtube.com/@JandPNorwich> "

How are you preparing for Lent? Come to “Don’t forget the Holy Spirit”, a day of renewal at **St Laurence’s Church, Milton Road, Cambridge 1st March 2025 10:00 – 16:00** with Guest speakers Fr Matt Anscombe & Caroline Sadd. The day includes Mass (10:30), praise & worship, inspiring talks, real-life accounts of transformation, reconciliation, exposition & prayer ministry. Please bring a packed lunch. Tea and Coffee will be available.

For more info email: renewaleastanglia@gmail.com or phone Pam Smith: 07869652115

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 17th February** and then on **Monday 3rd March**.

The Duckett Library – will be closed during half-term on Sunday 16th, Tuesday 18th and Thursday 20th February – reopening on Sunday 23rd February. There is a display of books on themes of love, hope and the Jubilee throughout February, all available to borrow.

This newsletter is sponsored by:

Love to Care
154 Dereham Road
Norwich
NR2 3AB



NEWS AND EVENTS

The Cathedral was added to Historic England's **Heritage at Risk** register towards the end of last year. This is due to issues with the rainwater pipes, failing gutters and leaks in the roof. The first step in overcoming these issues and developing the repair and improvement plans, is to undertake preliminary works including extensive surveys of the Cathedral, the grounds and the drainage. Survey Solutions have been appointed and have started these surveys, with topography survey and drone survey taking place on Thursday and Friday last week, and an internal survey to commence on Wednesday 12th February.

The Cathedral Shop is now stocking **The Jubilee Companion Booklet** and is available to purchase for £1.50. This booklet aims to assist and enrich your celebration of this Holy Year and will help you to ponder and pray on the themes. It also includes prayers and hymns to assist with your journey through the year.

The Jubilee Cross - You may have noticed the special cross that has been placed by the Presider's Chair in the Sanctuary. This is the Jubilee Cross. During Jubilee 2000 Holy Doors were the outward symbols of the year, but the Vatican has decreed that in Jubilee Year 2025 a large cross placed in the sanctuary of cathedrals throughout the world will serve as the focal sign of the Jubilee Year. The cross here at the Cathedral is the special cross of former Bishop of East Anglia, the Rt Rev. Michael Evans.

On Monday 10th February please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed. Pray especially that Assisted Suicide won't be introduced. For information on the days of Prayer and Fasting contact; The Good Counsel Network on 020 7723 1740 or info@goodcounselnetwork.com.

For Valentines' Day - treat a loved one to an afternoon tea at The Garden Cafe. Join us on Friday 14th February to indulge in a range of freshly made sandwiches, delicious seasonal savoury and sweet treats with unlimited tea and filter coffee. £19.95 per person. Top it off with some bubbly at just £6 a glass or £19 for the whole bottle! Available between 11:30am and 1pm. Booking is essential. We require £10 non-refundable deposit. Allergens and dietary requirement can be catered for with prior notice. To book: 01603 724380 / bookings@sjbcathedral.org.uk

Join Us for Bingo Night – Support Our Youth Pilgrimage! Mark your calendars! On Saturday, February 15, 2025, we're hosting a Bingo Night in the Narthex to raise funds for young people traveling to Rome this July for the Jubilee Year.

Doors open at 7:00 PM, and games begin at 7:30 PM. Enjoy a fun-filled evening with great prizes and fellowship, the bar will be open! Your support will help our youth experience this special pilgrimage of faith. Bring your friends and family – all are welcome! For more details, email igniteteam@rcdea.org.uk. See you there!

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, David Jamieson, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family and Shane Wissner. [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.