



FOURTH SUNDAY OF ORDINARY TIME

2nd February 2025 · Year C · Weekday I · Psalter IV

Cathedral House, Unthank Road, Norwich, NR2 2PA

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parish@sjbcathedral.org.uk

Cathedral Office: 01603 624615
Cathy Casey [weekdays 9am-1pm]

TIMES OF CEREMONIES

Sunday 2nd Feb	PRESENTATION OF THE LORD		
	9am	Mass	<i>Pro Populo</i>
	11am	Solemn Mass	<i>Desmond Dalton +</i>
	3pm	Mass [1962 Rite Latin]	<i>Holy Souls in Purgatory</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass with Cantor	<i>Mrs H Brown +</i>
Monday 3rd	<i>S Blaise</i>		
	10am	Requiem Mass	<i>George Leverage +</i>
Tuesday 4th	<i>Feria</i>		
	10am	Mass	<i>Patrick Coughlan (F) +</i>
	5pm	Vespers	
	5.30pm	Mass	<i>Sylvia & Glen Carter (F) +</i>
Wednesday 5th	<i>S Agatha</i>		
	7.30am	Mass	<i>Kate Morris +</i>
	10am	Mass	<i>Estrella Catalan +</i>
Thursday 6th	<i>Ss Paul Miki & Comps</i>		
	10am	Mass	<i>Dermot Dunleavy +</i>
Friday 7th	<i>Votive Mass of the Sacred Heart</i>		
	7.30am	Mass	<i>Fr James McShane Intention</i>
	10am	Mass	<i>Matthew Fitzmaurice (F) +</i>
Saturday 8th	<i>S Josephine Bakhita</i>		
	10am	Mass	<i>Mark & Stella</i>
	6pm	Mass (Anticipatory)	<i>Margaret Sherlock & Family</i>
Sunday 9th	FIFTH SUNDAY OF ORDINARY TIME		
	9am	Mass	<i>Pro Populo</i>
	11am	Solemn Mass	<i>Brenda Walker, thanksgiving</i>
	4.30pm	Vespers & Benediction	
	5.30pm	Mass	<i>Carmel Busuttil +</i>

The Cathedral Church is open daily from 7.30am until 6pm

Very Revd Alan Hodgson KHS

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Cathedral Collection

£3,971.58

Loose Plate = £1,220.58

Dona = £1,125.00

Envelopes = £126.00

Standing Orders = c £1,500.00 *

*Averaged out and remains the same each week



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Thank you for your continued support of the parish. If you would like to set up a standing order with your bank you will need these details: Account name: St John's Cathedral Parish Offertory Account, Sort Code 60-15-31, Account Number 04911881

For any guidance on Gift Aid please contact giving.sjbcathedral@rcdea.org.uk

Confessions

Tuesday: 6pm
Saturday: 10.30am
Saturday: 5.15pm
Sunday: 4.45pm

Rosary

The Rosary is prayed in the Lady Chapel.
Monday to Friday after the 10am Mass.

Divine Office

Lauds is prayed in the Precious Blood Chapel.
Monday to Friday at 9:40am.

HOLY APOSTLES CHURCH

Scarnell Road, Norwich NR5 8HT

parish@sjbcathedral.org.uk

Sunday 12pm Holy Qurbana
 10am Mass & Confessions

A message from Fr Alan...

The Presentation of the Lord

*At last, all-powerful Master, you give leave to your servant to go on peace,
according to your promise.....*

These words from the *Nunc Dimittis*, that are recited at night prayer (Compline) every night by those who celebrate the Divine Office, are the words uttered by Simeon when Christ was presented to the Temple 40 days after his birth as per the Law of Moses. The father of the firstborn son was to “redeem” the child by making an offering to the priest of five shekels so that the priest would then present the child to the Lord. We recall how the firstborn male of all the Egyptians (animals and children), was killed during the tenth plague, but the firstborn males of the Israelites were spared. Thus, this offering made for the firstborn son in the Temple, was a way of ritually redeeming him in commemoration of protection during that plague. Since Jesus was presented in the Temple for this redemption, today’s feast is now referred to as the “Presentation in the Temple.”

Since as early as the 5th Century, throughout Christendom, this feast has been known as Candlemas and we have marked the tradition by the use of lighted candles as a reminder that Christ would be a, '*light to enlighten the Gentiles*'. The two holy people, Simeon and Anna, who met the Holy Family in the Temple as they came to present the Lord, were the first humans to openly declare Christ's divinity and proclaim him as Saviour of the World.

Traditionally, in the Cathedral, we have celebrated Candlemas each year by inviting all of the religious orders and those who have consecrated themselves to God to come and celebrate Mass here and to renew their sacred promises in front of the bishop and the community. This year, because the feast falls on a Sunday, we invited them to join us on Saturday 01 February - it was really wonderful to see these dedicated men and women renewing their vows and commitment to the mission and to see the positive impact they have on our diocese through their prayer-life, pastoral ministry and presence.

Ad Multos Annos

‘The Lord whom you seek will come to his Temple.’

Thus says the LORD God: Behold, I send my messenger, and he will prepare the way before me. And the Lord whom you seek will suddenly come to his Temple; and the messenger of the covenant in whom you delight, behold, he is coming, says the LORD of hosts. But who can endure the day of his coming, and who can stand when he appears? For he is like a refiner’s fire and like fullers’ soap. He will sit as a refiner and purifier of silver, and he will purify the sons of Levi and refine them like gold and silver, and they will bring offerings in righteousness to the LORD. Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years.

Responsorial Psalm**Ps 24(23):7. 8. 9. 10. R8a**

The LORD of hosts, he is the king of glory!

Second reading**Hebrews 2:14-18**

‘He had to be made like his brothers, so that he might become merciful.’

Since the children share in flesh and blood, Jesus himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, and deliver all those who through fear of death were subject to lifelong slavery. For surely it is not angels that he helps, but he helps the offspring of Abraham. Therefore, he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people. For because he himself has suffered when tempted, he is able to help those who are being tempted.

Gospel Acclamation**Luke 2:32**

Alleluia, alleluia.

A light for revelation to the Gentiles,
and for glory to your people Israel.

Alleluia.

'The child grew, filled with wisdom.'

When the time came for their purification according to the Law of Moses, the parents of Jesus brought him up to Jerusalem to present him to the Lord (as it is written in the Law of the Lord, 'Every male who first opens the womb shall be called holy to the Lord') and to offer a sacrifice according to what is said in the Law of the Lord, 'a pair of turtle-doves, or two young pigeons'.

Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, waiting for the consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Christ. And he came in the Spirit into the Temple, and when the parents brought in the child Jesus, to do for him according to the custom of the Law, he took him up in his arms and blessed God and said, 'Lord, now you are letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to your people Israel.'

And his father and his mother marvelled at what was said about him. And Simeon blessed them and said to Mary his mother, 'Behold, this child is appointed for the fall and rising of many in Israel, and for a sign that is opposed — and a sword will pierce through your own soul also — so that thoughts from many hearts may be revealed.'

And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived with her husband seven years from when she was a virgin, and then as a widow until she was eighty-four. She did not depart from the Temple, worshipping with fasting and prayer night and day. And coming up at that very hour she began to give thanks to God and to speak of him to all who were waiting for the redemption of Jerusalem.

And when they had performed everything according to the Law of the Lord, they returned into Galilee, to their own town of Nazareth and the child grew and became strong, filled with wisdom. And the favour of God was upon him.

HYMN NUMBERS FOR 9AM MASS:

794, 775, 979, 883

NEWS AND EVENTS

The Jubilee Cross - You may have noticed the special cross that has been placed by the Presider's Chair in the Sanctuary. This is the Jubilee Cross. During Jubilee 2000 Holy Doors were the outward symbols of the year, but the Vatican has decreed that in Jubilee Year 2025 a large cross placed in the sanctuary of cathedrals throughout the world will serve as the focal sign of the Jubilee Year. The cross here at the Cathedral is the special cross of former Bishop of East Anglia, the Rt Rev. Michael Evans.

How are you preparing for Lent? Come to "Don't forget the Holy Spirit", a day of renewal at **St Laurence's Church, Milton Road, Cambridge 1st March 2025 10:00 – 16:00** with Guest speakers Fr Matt Anscombe & Caroline Sadd. The day includes Mass (10:30), praise & worship, inspiring talks, real-life accounts of transformation, reconciliation, exposition & prayer ministry. Please bring a packed lunch. Tea and Coffee will be available.

For more info email: renewaleastanglia@gmail.com or phone Pam Smith: 07869652115

First Friday Adoration - will take place on **Friday 7th February**. Exposition of the Blessed Sacrament will start from **after the 10am mass until 4pm**. The Chaplet of Divine Mercy will be prayed together at 3pm. Do come and spend some quiet time with Our Blessed Lord praying in intercession for Bishop Peter and all the priests of the Diocese. Please do sign up for a slot on the Rota at the back of the church to ensure a presence throughout the day. All are welcome.

Hospital Mass - Mass is celebrated at 12 noon on the 1st and 3rd Monday of every month in the Norfolk and Norwich University Hospital Chapel (Centre Block, Level 1). Our next Mass will be on **Monday 3rd February** and then on **Monday 17th February**.

The Duckett Library - has a display of books on the Jubilee Year theme, including some Jubilee leaflets.

This newsletter is sponsored by:

Love to Care
154 Dereham Road
Norwich
NR2 3AB



NEWS AND EVENTS

Action: Assisted Dying Bill



You may have seen in the media that there is significant concern that the Parliamentary Committee scrutinising the Assisted Dying Bill is avoiding hearing sceptical views. The Catholic Union of Great Britain is urging those concerned by this to write to your MP stating that you are concerned that the Terminally Ill Adults (End of Life) Bill will not receive sufficient scrutiny. Right to Life UK provide a simple way of doing so, use this QR code.

This Saturday, 8th February, we pray for the **victims of trafficking and slavery** as we celebrate the **Feast of S Josephine Bakhita**, a Sudanese woman who was canonised by Pope St John Paul II in 2000. At the age of seven, in 1877, Josephine was kidnapped and sold into slavery. Josephine would remain a slave until the age of 30, serving several masters who abused her. She eventually found her true Master, Our Lord Jesus Christ, when she converted to Christianity through the people she encountered; she eventually entered the religious life in Italy until her death in 1947.

The Norwich Justice and Peace group is hosting a Presentation on Modern Slavery at 7:15 pm on 6th February. All are cordially invited to attend this presentation. More details can be found: <https://www.youtube.com/@JandPNorwich> .

Come and hear about this scourge of the modern world and learn: what it is, how to spot it and what to do about it; from our two expert speakers: Mark Little MBE & Simon John. All are welcome.

For Valentines' Day - treat a loved one to an afternoon tea at The Garden Cafe. Join us on Friday 14th February to indulge in a range of freshly made sandwiches, delicious seasonal savoury and sweet treats with unlimited tea and filter coffee. £19.95 per person. Top it off with some bubbly at just £6 a glass or £19 for the whole bottle! Available between 11:30am and 1pm. Booking is essential. We require £10 non-refundable deposit. Allergens and dietary requirement can be catered for with prior notice. To book: 01603 724380 / bookings@sjbcathedral.org.uk

Join Us for Bingo Night – Support Our Youth Pilgrimage! Mark your calendars! On Saturday, February 15, 2025, we're hosting a Bingo Night in the Narthex to raise funds for young people traveling to Rome this July for the Jubilee Year.

Doors open at 7:00 PM, and games begin at 7:30 PM. Enjoy a fun-filled evening with great prizes, fellowship, and an open bar! Your support will help our youth experience this special pilgrimage of faith. Bring your friends and family – all are welcome!

For more details, email igniteteam@rcdea.org.uk. See you there!

INSTRUCTIONS FOR REGULAR SACRAMENTS

With all sacraments, we do try to accommodate the needs of the individual or couple seeking to celebrate in our Cathedral. However, we are bound by the Rite of the Catholic Church in terms of liturgy and music. The priest or deacon assigned to work with you will guide you as much as possible. In general, eulogies are NOT part of the Catholic rite of Funerals and, as such should be deferred to the crematorium or a suitable gathering of loved ones after the funeral.

Our Director of Music will assist you with appropriate music that matches the dignity of the service and is appropriate to the Cathedral - this will be from a choice of sacred music generally played on the cathedral organ (no pre-recorded music).

All readings in the Cathedral must come from Sacred Scripture - poems and prose that do not comply with this should be used at the reception after the service.

BAPTISMS

Infant Baptisms - baptism is the joy-filled initiation into the Christian life and is celebrated as a public event within the community. The Sacrament of Baptism takes place on the 2nd and 4th Saturday of the month at 11:30am. This is a joint celebration with up to three other families. Baptism preparation classes are held on the last Saturday of every month from 4.30pm - 5.15pm. This needs to be booked, in advance, through the parish office.

Adult Baptisms - generally take place at the Easter Vigil and conferred by the Bishop in his Cathedral. Candidates will need to undergo adult instruction classes for at least five months (usually starting in late September). Classes take place every Friday evening from 7pm - commencing in September.

Baptisms do not take place during the seasons of Advent and Lent. For all Baptism enquiries, please contact the parish office.

WEDDINGS

A minimum of 6 months' notice is required of any marriage taking place in the cathedral. Wedding couples should be resident within the parish boundaries or have some strong link to the cathedral. Please **do not** make any arrangements nor book any venue or make any concrete plans until you have secured a wedding date.

There is a three-fold requirement for marriage preparation; Catechetical and Liturgical preparation (a marriage instruction course at the cathedral toward the middle of January as well as a one-day course in Newmarket), Civil paperwork (through the townhall) as well as documentation required by the Catholic Church for the chancery and parish registers. This applies whether you are planning to be married in the Cathedral or if you plan to marry in a different location.

FUNERALS

At St John's Cathedral, funerals take place during the weekday 10am Mass. The Cathedral is generally booked through your funeral director - so please speak to them first about your needs and they will contact the Cathedral on your behalf.

Prayers for the Sick

Cathy Adams, Dr Michael Anibueze, Philippa Barnes, Ian Beyts, Jennifer Boland, Eleanor Bray, Amanda Caistor, Brenda Devany, Jonathon Fitzimmons, Mary Gledhill, Sophia Gough-Solar, Mary Hatcher, Joe Heaney, Gill Horan, Paul Horan, Nancy Horner, David Jamieson, Joel McDonough, Anne O'Leary, Maria Osorio, Mary Newby, Gary Newton, Isobel O'Connor, Christopher Parish, Canon David Paul, Anthony Preston, Nicholle Sales, Reece Sales, Linda Sheppard, Christine Taylor, Peter Thorn, Mary Ward, Fr John Warrington, Peter Willets, Adrian Woods, the Wood Family, Patricia Woolley, Isobel Woolner, the Watson Family and Shane Wissner. [GDPR compliant]

Going into hospital? Please inform the hospital ward itself that the Catholic Chaplain is needed.